

The Benefice of Badwell & Walsham

Rector : Rev'd Catriona Brinkley 07525920307

revcatrionabrinkley@outlook.com

Reverend Jill Walker jill.walker@me.com

Reverend Jay Price 07752 867388 jsgprice@aol.com

Benefice Reader: Ian Jackson 07971007147

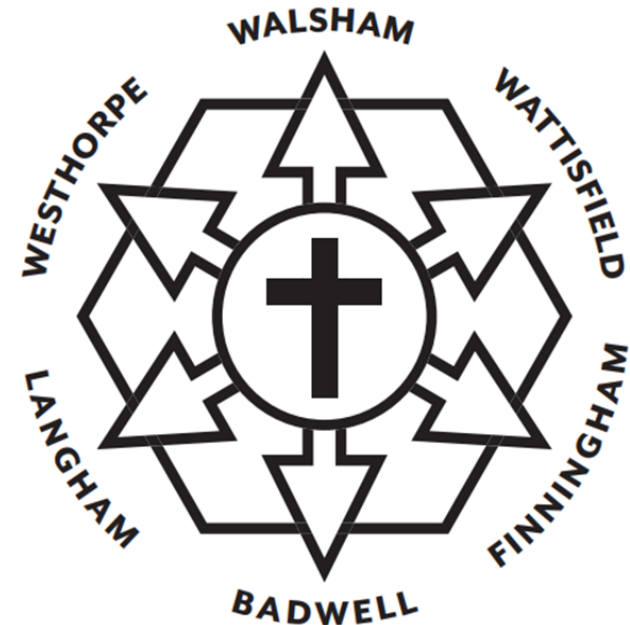
Benefice Elder: Marion Bell 01449 782072

Benefice Elder and Safeguarding Officer:

Tracey Gorzelak 07521688647

safeguardingbadwellwalshambenefice@outlook.com

The Benefice of Badwell & Walsham



Hexagon

February - March 2026

HEXAGON

Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine to the Editor: Debbie on 01359 259686 or debbielicata33@gmail.com

COPY DEADLINE Last date for items for inclusion in the next issue is Friday **6th March 2026**

The Hexagon is delivered to nearly 1800 households in the villages of Badwell Ash, Finningham, Langham, Wattisfield, Walsham le Willows and Westhorpe.

Advertising Rates

FULL PAGE	single issue £33	3 issues £66	6 issues £127
HALF PAGE	single issue £22	3 issues £44	6 issues £83
QUARTER PAGE	single issue £17	3 issues £34	6 issues £55

Contact Revd Catriona 07525920307
revcatrionabrinkley@outlook.com



Pawfect Moments Dog Services

Committed to ensuring your animals always look and feel their best

For over 6 years I have provided a fully insured, fully qualified, experienced, compassionate and professional service. I am also a fully qualified Dog Groomer with a Level 3 Diploma in Dog Grooming, offering appointments at evenings and weekends.

Supervision services:

- Dog walking
- Pop-in services for puppies, dogs, cats, chickens and ducks at their homes
- Drop-in service to administer medication

Professional Dog Grooming:

- Bathing & drying
- Nail clipping
- Deshedding
- Full grooms using clippers and scissors
- Hand Stripping

References and Testimonials available on request

Caroline Morris: 07843 248 411
cdv 11@hotmail.com



HAUGHLEY HOOFS NORTH WEST MORRIS

Like music? Like dancing?
Why not have a go at something a bit different?
We're a friendly group, it's good exercise and fun!

No experience needed and no obligation.
New dancers and musicians welcome (portable acoustic instruments).

Practice sessions begin from 29th September 7.30 – 9 pm
Haughley Village Hall, near Stowmarket.

Ring 01449 673518 (Gill) to find out more.

Find us on Facebook Haughley Hoofers official page

Walking Together from Epiphany to Easter

‘Your word is a lamp to my feet and a light to my path.’ - *Psalm 119:105*

It seems only a few days ago that we were basking in the light and wonder of Epiphany, celebrating together with the wonderful Epiphany Singers. And yet, almost before we have caught our breath, we are already looking ahead to the beginning of Lent on 18th February, when we gather for our Ash Wednesday services. Time moves quickly in the Church year, but there is a golden thread that binds these seasons together, one that began at Christmas and continues through Lent, leading us towards the joy and revelation of Easter, and then beyond.

These weeks invite us into a deeper rhythm of prayer. Prayer is not about having the right words or finding extra time we do not have; it is about attentiveness, about turning our hearts, however briefly, towards God. Prayer can steady us and remind us that we do not walk this journey alone. Whether in church, at home, or in the quiet moments of the day, prayer opens space for God to meet us just as we are.

On Valentine's Day, you are warmly invited to our first Women's Brunch, a chance to come together for food and conversation. It is open to all, and if you would like more information, please do contact me.

We are excited to be running our Mother's Day craft session again on 14th March, when children are invited to create gifts for the special people in their lives. On the Sunday, we will gather for our Mothering Sunday service, giving thanks for our own mothers and for all those who have influenced us, cared for us, and mothered us in many different ways.

As Lent unfolds, there will be much happening in our churches. Please check the calendar for additional services and opportunities for worship, including our Lent Evening Prayer each Friday, a reflective way to end the week. We will be meeting weekly for our Lent groups at churches around the Benefice and on the 11th of March we will be

holding our Lent Lunch in the Priory Room where everyone is welcome to join us.

Finally, you are warmly invited to our Easter services, as together we celebrate light, life, and love, and the fulfilment of that golden thread that began at Christmas and continues to guide us as it lights our path on our journey onwards.

God bless,

Revd Catriona

FROM THE REGISTERS

BAPTISMS

Arabella Sofia Bloom 13/12/25 Walsham-le-Willows

FUNERALS

Margaret Hey	18/11/25	Burial	Langham
Howard Marriott	16/12/25	Funeral	Walsham-le-Willows
Patricia Hamilton	18/12/25	Funeral	Crematorium
Patricia Hamilton	10/01/26	Burial of Ashes	Badwell Ash
Janet Swales	22/01/26	Burial	Westhorpe
Suzanne Cross	28/01/26	Burial	Walsham-le-Willows

HEXAGON AVERTISING ORGANISER REQUIRED

We are seeking someone to take over this position as soon as possible. This would involve collating adverts from various organisations, businesses and local events; liaising with the advertisers with regards to size and cost; and, in conjunction with the editor, ensuring they are correctly printed in the magazine.

The Hexagon provides valuable communication between the parishes, the profits of which cover benefice expenses. Rev'd Catriona Brinkley has temporarily taken on this task until the position is filled.

For further information please email
revcatrionabrinkley@outlook.com



Westhorpe Live Music Night

Friday 17th April
7:30pm start paid bar

£5 per person

Go to Westhorpe website for ticket details:
westhorpe.onesuffolk.net or call Alison 07972 415205



Performers including John Evans, Paul Weston, Caroline Long, Alison Weston, Shums Aziz, Jane Scates, the Westhorpe Singers

**IN AID OF
WESTHORPE VILLAGE HALL**

Elm Croft Plastering

Professional plastering services

Contact:

Email - elm.croft.plastering@gmail.com

Tel - 07598 008840




**Paul Parsons
Electrical**

Finningham, Stowmarket, Suffolk

From a new socket to a rewire
A professional service at a reasonable

Tel: 07786 558 510

Part P

Little Willows Pre-School
Open term time - Monday to Friday 8.45 - 2.45



Wrap around care available - Breakfast Club 8am - 8.45 and
 After School 2.45pm - 4.30 or 5.30pm
 Experienced, qualified, dedicated staff,
 offering childcare and
 education to children aged 2 - 5 years
 Ofsted inspection rating - GOOD
 Please contact us for more information

Phone: 01359258702

email: office.littlewillows@gmail.com
Charity number:1050897

The Benefice of Badwell & Walsham



Roots and Shoots



Sunday 1st February & Sunday 1st March
St Mary's Church - Walsham-le-Willows
10am until 11am

(Just before our family service!)

Everyone is welcome to join us as we
 explore faith through stories, songs
 and creative activities.

For more information please contact Revd Catriona
 on 07525920307 or
revcatrionabrinkley@outlook.com

ROBINSON ARNOLD



L a n d s c a p i n g

Your local specialists in all aspects of Landscaping & Tree Surgery



All Aspects of Tree Surgery



Fencing



Soft & Hard Landscaping



Driveways



Paving



Turfing

Fully Insured

Commercial and Domestic

NPTC Qualified

Contact us:

Phone: 01284 245148

Mobile: 07866 866880

Email: hello@robinsonarnold.co.uk

Website: www.robinsonarnold.co.uk



BECKY CRUICKSHANK FITNESS
Personal Training, Fitness Classes and Pilates



PILATES (1 hour)

YAXLEY VILLAGE HALL-MONDAYS 9.30AM

COTTON VILLAGE HALL-MONDAYS 7.20PM

GISLINGHAM VILLAGE HALL

WEDNESDAYS 9.15AM & 10.15AM, THURSDAYS- 7.10PM

TOTAL FITNESS (45 mins)

GISLINGHAM VILLAGE HALL-THURSDAYS 6.15PM

GENTLE FITNESS (45 mins)

WESTHORPE VILLAGE HALL-FRIDAYS 10AM

COME AND GIVE THEM A TRY!

For more info about classes or personal training please contact
Becky on 07734 414151 / beckycruickshank@btinternet.com

NOTES FROM THE GARDEN

Hello again.

February is the time when bulbs and spring flowers like primroses, wallflowers and pansies come into their own, put a few pots of these plants dotted around your garden to brighten up your winter days.

It is now time to sow your chillies, pepper seeds take a long time to germinate, this can be done late February early March, place them in a heated propagator or on a warm windowsill above a radiator to help germination take place. Now plants and bushes are dormant cut plants down to a lower bud to encourage new and controlled growth. Move and replant ones out of place only if the soil is not frozen. Finish off winter pruning of your fruit trees and bushes. Cut Wisteria sideshoots to three buds from the main trunk, this also applies to a grape vine if you have one, this will encourage more flowers in the spring.

In March things should be moving on now so fork over your beds and borders, incorporating the mulch you applied last year to breakdown the soil ready for planting and sowing. Towards the end of March plant out early potatoes in trenches, your broad beans, onion sets and shallots, which you set earlier in pots, plugs, or toilet roll cardboard inneres. Sow parsnips now as they have a very long growing season. Early carrot varieties can also be sown to try and minimise the threat of carrot fly.

Try planting a few strawberry plants in hanging baskets to help birds stop eating them. This is also good for small Hosta plants, to limit slug and snail damage. Now is the time to clean and prepare your pots and containers. To minimise compost use we will empty the top half where the plants grew last year, and place this into an empty pot with crocks and top up with new compost. The discarded compost can be added to your beds or borders or compost bin.

Last year was a challenging one with a wet spring and baking summer. Some plants thrived, some struggled like root crops, but it was a wonderful year for fruits. We learn to adapt as gardeners to get the best out of our soil. The only thing for sure to survive are weeds, so hoe like there's no tomorrow!

Till next time Phillip Bennington

WALSHAM LE WILLOWS SPORTS CLUB

Walsham Sports Club in Summer Road is a thriving local community facility offering sporting/exercise opportunities to everyone.

Regular Weekly Activities

Walking Netball Tuesday 10 – 11am & Thursday 6 - 7pm
Senior Football (over 40's) Monday 8 – 9 pm
Walking Football (over 65's) Tuesday & Thursday 1 - 2pm
Senior Football (over 50's) Tuesday 2 - 3pm
Otago (chair based exercise) Wednesdays 11.30 -12.30
Pétanque Thursday 2pm
Walking Football Thursdays 2-3pm
Yoga Thursday 1.15- 2.15pm
Cardio Tennis Friday 12 – 1pm



Social Events

Sunday night Bingo starts 7pm on
1st and 15th February & 1st, 15th and 29th March

Saturday 14th February **Valentine's Drag Night**

Saturday 21st March. **Irish Night** featuring PADDY'S LEGS
Tickets are £8 each or £10 on the door.

All Welcome

For further information on events see the Sports Club website please contact
Gordon Ross on 07742 111892 or email gordonaross2@gmail.com

Shine n Clean

Residential and commercial window cleaning.

A reliable window cleaning service using the latest pure water and reach & wash cleaning systems, leaving glass sparkling clean for weeks, no mess, no smears and no harmful chemicals.

01359 259376



**BETWEEN 9-10:30
10TH FEBRUARY
AND
10TH MARCH**

TEA AND TOAST TUESDAYS TODDLER GROUP

**IN THE PRIORY ROOM
NEXT TO ST MARY'S CHURCH
ON THE CAUSEWAY**

**Drop in for tea (or coffee),
toast and a chat.
Pop in after school drop-off.
There will be activities and toys
to keep little ones busy.**

**FOR MORE INFORMATION CONTACT
REVD CATRIONA - 07525920307
REVCATRIONABRINKLEY@OUTLOOK.COM**



*Oil Fired Pressure Jet Boiler
Servicing & Plumbing*

ANDY BACOS

07775 751303

andy.bacos@ntlworld.com

Andy's Oil Boiler Services

Handy Man

Painting/Decorating

Carpentry Work

General Repairs

General Gardening/Tidying

Patio Cleaning

Shed Repairs/Felting/Painting

Fencing

Exterior Plastic Wash-down

Call Len on

07786 885348

PLANT & PRODUCE SHOW

16 AUGUST 2026

WATTISFIELD VILLAGE HALL

Calling all growers & makers with talent to show –

It's time to enter, come on, let it grow!

With jam jars gleaming and crochet so neat,
Knitting and baking and home-grown sweet treats.

Bring fruits and veg, your tastiest cake,

Whatever you craft or pickle or bake!

Green-fingered stars and crafters with flair,
show off your skills at the Produce Fair!

For full details & how to enter, contact

Sam Johnson email: plantandproduce8@gmail.com

Entries open to residents of Wattisfield, Walsham le Willows,
Finningham, Badwell Ash, Langham, Hepworth,

JD HOME RENOVATIONS

Making Your House a Home

Can we help you with:

- Home repairs
- Kitchen fitting
- Bathroom fitting
- Plumbing
- Electrical
- Painting & decorating
- Glazing
- General maintenance
- Interior design & colours

FREE ESTIMATES

Contact us by email:

enquiries@JDHomeRenovations.co.uk

or leave a message at: **07864 901042**

www.JDHomeRenovations.co.uk

Graeme Green

Electrical Services Ltd

Local qualified electrician with 20 years
of experience, offering a friendly and
reliable service.

Residential • Commercial • Industrial

Fully Insured.

Available for any sized job.

For a free quote contact Graeme.

07950 335 966

graemegreenelectrical@gmail.com

Suffolk • Norfolk • Essex

COMMUNITY BUS



TRANSPORT NEEDED?

The Rickinghall & District Community Bus is available for hire
to readers of this publication. Typical journeys include - shopping
trips, health centre visits, dentist, optician, chiropodist, hospital
appointments and visits.

The bus is also available for visiting friends and relatives, in fact
pretty well anything you need. Door to door service, any help a
pleasure. Wheelchairs no problem.

Please telephone Gordon on 01379 897 109 (24/7 ansaphone).

ES
TD



20
25

DB FABRICATIONS

• METALWORKS •

METAL FABRICATION • WELDING MIG & TIG
WELDING REPAIRS • ONE OFF CUSTOM GATES
CNC MILLING • LATHE WORK •
CUSTOM MOTORCYCLE PARTS
CNC PLASMA CUTTING • 3D PRINTING

CALL 07725 203893
EMAIL DBFABRICATIONS78@OUTLOOK.COM



**Local Caring Independent
Funeral Service**

24 Hour Personal Service * Private Chapel
* FREE Parking

www.andrewbingham.co.uk

01449 771666

The Nutshell, Milton Road South, Stowmarket,
IP14 1EZ



Golden Charter
Funeral Plans



Ear We Go

Mobile Ear Wax Removal
Microsuction & Irrigation

My name is Georgie

*Please call text or email for
an appointment*

07921 550958

Earwego12@gmail.com

Benefice Walking Group

Thursday 19th February

Meeting at ,St Mary's Church

Badwell Ash



At 10am for 10.15am start.



Walk will take approximately 45 minutes

Refreshments are provided.

All are welcome!

Including well-behaved dogs on leads.

For more information,
please contact Revd Catriona



Are you suffering with anxiety, depression, OCD, PTSD/trauma, low self-esteem, grief, panic, phobias or any other emotional difficulties?

I am a BABCP Accredited Cognitive Behavioural Psychotherapist and EMDR practitioner. I work both in private practice and for the NHS offering evidence-based treatments such as CBT (cognitive behavioural therapy) and/or EMDR (Eye Movement Desensitisation and Reprocessing) treatment. I offer short or long-term therapy. My aim is to help you to regain a sense of enjoyment and wellbeing in your life.

**If you need help please contact me
for further details on: 07983648702
Website: emdrandcbtserives.co.uk**

SINGER WANTED

Grass Roots, a local band of keyboard and bass guitar, who play occasionally for charity events, is seeking a singer to join them who enjoys an eclectic mix of music.

email: paulwestonarchitect@gmail.com

Mobile: 07860 376592

WALSHAM - LE - WILLOWS MEMORIAL VILLAGE HALL

Walsham le Willows Memorial Village Hall is available for hire contact walshammemorialhall@gmail.com or tel 01359 258349. There are also a variety of activities happening at the hall:

Fitsteps Monday 9.30-10.30 am

Contact : Marie 07917 733655 / airstreamtattoo@gmail.com

Community Lunch 12.45 pm (second Monday of each month)

Contact : Shirley White tel 01359 258532

Self Defence Class Tuesday 6.30pm

Contact: Andy at info@rbmdynamics.com

Pilates Wednesday 9am -10am, 10.15am-11.15am

Contact: Lara at contact@larapepper.com

Coffee shop Thursday (weekly) 10.30am - 12.30pm

Home-made cakes and savouries, teas, coffee and cold drinks. All welcome

Post Office Van Thursday (weekly) in the village hall car park
11am - 12 noon.

 **AUTOMOTIVE**
VW AUDI GROUP SPECIALISTS

 Servicing  MOT  Upgrades

 Repairs  Diagnostics  Sales

BOOK NOW

 01359 789 089  07712 287 242  service@rlautomotivesuffolk.co.uk

 Unit 2, Lodge Works, Gt Ashfield, B.S.E, IP31 3HA



Trees & Gardens

Tree surgery: from light pruning to large tree take down, surveys and stump removal.

Garden landscaping: patios, fencing, decking, pergolas, gates, stone driveways, water features, turfing and seeding new lawns, borders and planting designs.

Garden maintenance: hedge cutting, pruning, weeding, strimming, grass cutting, tidying.

Tel: 0782 5253 720

info@rewtstreesandgardens.co.uk

www.rewtstreesandgardens.co.uk



- WOOD FIRED OVENS
- OUTDOOR COOKING SUPPLIES
- CALOR GAS & FIREWOOD
- PET, ANIMAL & BIRD SUPPLIES
- WATER SOFTENER SALT
- OVER 12 VARIETIES OF FLOUR
- GARDENING SUPPLIES
- COUNTRY CLOTHING & MUCH MORE!

Monday to Friday 9.00am – 5.00 pm

Saturdays 8.30 am – 2.30 pm

01359 230277

info@pakenhamwindmill.co.uk

www.pakenhamwindmill.co.uk

Made to Measure

Curtain making
Roman Blinds
Cushions

Fabric Samples available

Over 30 years' experience

Call Dena on 07842 110240



Badwell & Walsham Benefice Lent Group

Wednesdays at 2pm



25th February - Priory Room - Walsham

4th March - URC Chapel, Wattisfield

11th March - *Lent Lunch* - 12pm until 2pm - Priory Room -
Walsham - Everyone is welcome just come along!

18th March - St Bartholomew's Church - Finningham

25th March - St Margaret's Church - Badwell Ash

1st April - St Mary's Church - Westhorpe

Everyone is welcome to join us as we journey through Lent together. Join us for informal discussions based around the bible, no need to book just come along to either our weekly meetings or the Lent Lunch.

We would love to see you!

For more information, please contact
Rev'd Catriona by email: revcatrionabrinkley@outlook.com



THE PRIORY ROOM

Available to hire for private functions, suitable for children's parties. To book please contact:

John Boulter 07908 010555
johnboulter@yahoo.com

HIRE CHARGES

	Occasional Users	Regular Users
Mornings (up to 1.00pm)	£40.00	£30.00
Afternoons (up to 6.00pm)	£40.00	£30.00
Evenings (up to 11.00pm)	£40.00	£30.00
All Day	£100.00	
Hourly	£11.50	

WESTHORPE VILLAGE HALL ACTIVITIES

YOGA Monday (weekly) 10:45am-12:15

Contact: Juliet Wright. Tel: 07503 212670 jujuyoga39@gmail.com

ART CLUB Monday (fortnightly) 2:00-4:30pm.

Contact: Paul Weston. Tel: 07860 376592. paulwestonarchitect@gmail.com

LINE DANCING Monday (weekly) 12.45-1.45pm

Contact: alisonweston25@hotmail.com Tel: 07972 415205

CARPET BOWLS Monday 7.30-9.00pm

Contact: Jeff Moore Tel: 07850 716968 jeffmoore297@hotmail.com

John Gladders 01449 780365 dijongladders@gmail.com

CRAFT CLUB Tuesday (fortnightly) 10:00am-12:00

Contact: Lynda Cotgrove. Tel: 01449 780142 / Rosemary Mees. Tel: 01449 780394

SINGING FOR PLEASURE Wednesday (three weekly) 10:00am-12:00

Contact: alisonweston25@hotmail.com Tel: 07972 415205

FITNESS Friday 10.00 - 10.45am

Contact: Becky Tel: 07734 414151 beckycruickshank@btinternet.com

Please check the village website at westhorpe.onesuffolk.net for details, or contact Alison Weston on 07972 415205 or wvhbooking@hotmail.com

J W AMPS LTD

Offering service and repairs to all types and makes of garden machinery, ATV's, compact tractors etc. Machinery bought and sold

Over 15 years experience –

factory trained by Briggs & Stratton, Stihl, Westwood and Countax.

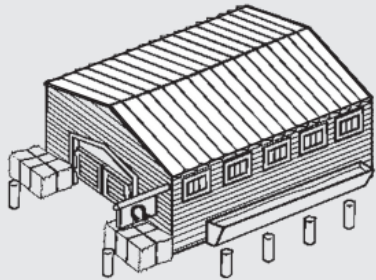
Collection and delivery service available.



Contact Simon on 07974 430366
 E-mail: simonamps@btinternet.com



CHURCH FARM Walsham-le-Willows SELF STORAGE Now Available!



Local family owned
and operated.



Secure units from
just £100 per month.



State-of-the art 24hr
CCTV surveillance.



Easy access with
on-site parking.



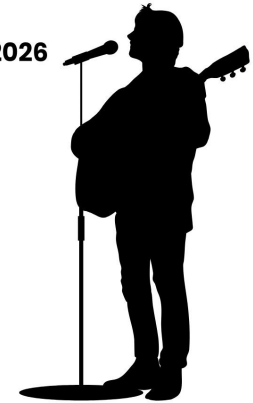
Convenient location,
in the village centre.

Interested? Please contact:
Joseph Light, 07970 549019,
joseph.light@sentry.co.uk
or call: 01473 658058

WESTHORPE PRESENTS: CHRIS FOX

7.30pm Friday 27th February 2026

**Award winning 21st
Century Folk singer,
songwriter & loop
station alchemist**



£10 per person
For tickets, scan the QR code,
visit www.chrisfoxmusic.org
or call Alison 07972 415205

**WESTHORPE VILLAGE HALL
WITH LICENSED BAR**

"Chris Fox - this fella's got something
about him, he's a class act, a great writer
and a fantastic performer. Just sheer
Genius!" Frank Hennessey, BBC Wales

GISLINGHAM PLAYGROUP



We provide a safe, warm, friendly and
caring setting for children aged 2-5
years, in a purpose built building on the
same site as Gislingham CEVCP School,
with whom we work closely to provide an
excellent education.



Breakfast Club 8.00am - 8.45am

Morning 8.45am to 11.45am

Lunch Club 11.45am to 12.45pm

Afternoon 12.45pm to 3.45pm

"Children arrive with a 'spring in their step' and are welcomed by
friendly staff. They immediately join in with their friends and
explore a well resourced and fun environment." Ofsted, May 2022.

Please visit our website www.gislinghamplaygroup.com
or phone us on 01379 788934

**YOUR BUYER
IS OUT THERE**



allhomes

01359 234444
mail@allhomes.uk.com
allhomes.uk.com

Book a FREE property valuation with us today

Beginners Guitar
Ricky Wilkinson MBE ricky5844@aol.com

Learning Folk Guitar for children year 2 and up.



Hi. My name is Ricky Wilkinson and I live in Westhorpe. Until lockdown I was teaching guitar in Guildhall Feoffment Primary School in Bury St Edmunds. I also run Phoenix Children's Folk Group based in Bury St Edmunds. Members learn to play and sing plugged in to our sound system for charities, festivals and various concerts.


In Folk Guitar children learn songs to sing accompanied by a variety of plucks and strums on guitar to enable them to perform solo or in a group. My Phoenix group performed all the music for Langham Church Carol Service last Christmas on 12th December 2021.

If you know a child who would like to learn to play guitar and sing so they can perform, please email me for further details. I can give private lessons in your home or if there are 6 or more wishing to learn I can use Westhorpe village hall at a suitable time after school which would be much cheaper than individual private lessons. I am DBS checked to teach guitar and run the Phoenix group. Parents are always welcome to stay and watch.

**COUNTRYSIDE, CONSERVATION
& TREE SERVICES**

Peter Kerry



01359 230100
07792 995483

 peterkerry2018@gmail.com

 www.cctrees.co.uk



SPECIALISTS IN

Tree surgery
Hedge management
Fruit tree pruning
Landscape projects
Fencing
 

£5,000,000 public liability insurance

Nail Nurture

My name is Kathy, and I like nothing better than a fresh set of gel polished nails. I use Bio Sculpture which has been a premium brand for over 30 years and is vegan and cruelty-free.

I also offer luxury pedicures using Elim, a medical grade treatment to remove hard skin and calluses from the feet.

Call or text me on 07762 119323 to book

TIME FOR YOU™
DOMESTIC CLEANING

Are you tired of cleaning?



We have the right cleaner waiting to help you.

Regular - Weekly - Cleaner

01359 258991

Typically £18 per hour

www.timeforyousuffolk.co.uk



**MEADOW
GRACE**

PLUMBING HEATING BATHROOMS

Reliable and professional service with an emphasis on high standards of workmanship and conscientiousness.

- Full bathroom suite installation (inc. design and management)
- Boiler, hot water cylinder & heating system installation, replacement, management & upgrades
- All general plumbing

☎ Sean: 07983 403 289
✉ meadowgraceph@gmail.com
📷 [instagram.com/meadowgraceph](https://www.instagram.com/meadowgraceph)

safe



M.B Painting and Decorating

We are a professional, reliable, and trustworthy painting and decorating company based in Suffolk, specializing in both small and large domestic, residential, and commercial projects.

We pride ourselves on our quality finish and attention to detail and ensure that we invest time with our clients on all projects to make sure we have a good understanding of their requirements whilst working within budget constraints.

Please contact Max on 07805716359 or by email for a free quotation:
maxboulterpainting@gmail.com



MACK HEATING SERVICES LTD

OIL FIRED PLUMBING & HEATING SPECIALIST

- Boiler replacement
- Oil tank replacement
- Boiler Servicing
- General plumbing & heating
- Breakdowns
- AGA Servicing



07931 900036



mackheating@outlook.com
mackheatingservices.co.uk

Mother's Day CRAFT WORKSHOP

Join us to make gifts for the special people in our lives for Mothering Sunday.

We will be making cards, flower posies, decorating cakes and lots more.

Refreshments will be available.

Please bring an adult to stay and help you craft

14th March 2025

10am - 12pm: The Priory Room Walsham

2pm - 4pm: St Bartholomew's Church,
Finningham

For more information please contact
Rev'd Catriona on 07525920307
revcatrionabrinkley@outlook.com

FootWise

Foot Health Care

Every **MONDAY** at
The School Room Clinic
Methodist Chapel, High Street,
Ixworth

TREATMENTS INCLUDE

Nail Trimming | Thick Nail Reduction |
Ingrown Nails Hard Skin Removal |
Cracked Heels | Corn Removal
Diabetic Foot Care

BOOK YOUR CLINIC APPOINTMENT OR HOME VISIT

Call Camellia Dighe (Dip MFHP),
Foot Health Practitioner

Tel: 01359 230 428 Mob: 07799664684

E-Mail: FootWise@Protonmail.com

CHIMNEY SWEEP

ECO SWEEP CHIMNEY SERVICES

- **NEW POWER SWEEPING METHOD
USED FOR A MORE THOROUGH
CHIMNEY CLEAN THAN BRUSHES**
- **INDUSTRIAL HEPA FILTERED
VACUUM**
- **FULLY INSURED**
- **INSURANCE RECOGNIZED
CERTIFICATES ISSUED**
- **SPOTLESS, RELIABLE AND
FRIENDLY SERVICE**
- **ALL CHIMNEYS, WOODBURNERS,
AGA, BOILER FLUES SWEPT**

TEL: (01359) 232335

ADRIAN SAYER OIL HEATING SERVICES EST. 1999

BOILERS AND COMPLETE SYSTEMS

SERVICED AND REPAIRED

BREAKDOWNS ALWAYS A PRIORITY

**01359 220119
07956 094433**

WATTISFIELD COMMUNITY CENTRE

Anyone wishing to hire the hall
or for further information please
visit

www.wattisfield.org.uk

or

Email: wattisfieldcc@gmail.com



Badwell Ash Village Hall is pleased to announce, that following a major refurbishment of the facilities in two halls, it is now ready to welcome more users and hirers.

Current Activities

PILATES Monday 1200 -1300

Contact: Lara Pepper contact@larapepper.com

INDOOR BOWLS Tuesday 1930 -2130

Contact: Karen Frost 01359 250315/Clive Hawkins clive@agenthawkins.plus.com

ART CLASS Wednesday 1315 -1515

Contact: Rod Bastable bury@easterneducatuongroup.ac.uk

HOUNDS & HANDLING Wednesday 1800-2100 Thursday 1800 -2030

Contact: Jackie Rose 07802 832418

RAINBOWS Thursday 1615 -1745

Contact: Link via badwellashvh@btinternet.com - What's on page

To hire please contact badwellashvh@btinternet.com

This trade
since 1976

Domestic
appliance repair,
supply and
installation

AN APPLIANCE OF SERVICE
**Doug
Aiken**

No VAT

Telephone
01449 781599
Mobile
07596 744682

Hilldrop, Wickham Road, Finningham,
Stowmarket, Suffolk IP14 4HT
email. dougaiken28@gmail.com

Langham Clinic.



01359 258 700

www.langhamclinic.co.uk

info@langhamclinic.co.uk

Manicures & Pedicures
Alexander Technique
Waxing
Ear microsuctioning
Yoga therapy
Nutrition
Massage
Aromatherapy
Skin tag removal
Counselling
Red vein treatment
Facials
Reflexology
Oncology massage
Pilates
Hot stone massage
Electrolysis
Dr. Hauschka Treatments



Carberry
Plumbing &
Heating Ltd

Free quotations
Oil boiler servicing
Boiler replacements
Underfloor Heating
All aspects of domestic plumbing
& heating
Complete bathroom installations
Professional and friendly service

Call Jonny 07506 706121

carberryplumbing@gmail.com



WESTHORPE CAFÉ

SATURDAY 14th March 2026

**Westhorpe Village Hall
10am to 1pm**

Homemade Cakes and Drinks



WALSHAM *History Group*
presents



**VIKING
EAST ANGLIA**
Dr Richard Hoggett
Also our AGM

WEDNESDAY 18TH MARCH AT 7.30PM

PRIORY ROOM, WALSHAM-LE-WILLOWS

Members Free Visitors £5.00 Refreshments

FIREWOOD

Seasoned Hardwood Logs £126 per cubic metre

Fresh-cut Hardwood Logs £105 per cubic metre

Min order 2 cubic m.

All prices include VAT and delivery within Hexagon area.

Hazel bean poles, Pea sticks, Retaining Stakes, Chestnut post and rail, Charcoal. Hedge-laying and woodland work undertaken.

Richard Gould 07879 620116 richardgould1978@gmail.com

SM PEST CONTROL SERVICES

Pest Control for your home and business

Local and experts in dealing with: Rats, Mice, Squirrels, Cluster Flies, Fleas, Moles, Rabbits, Bed Bugs, Carpet Beetle, Moths, Woodworm, Wasps, Hornets and Bees

Free Advice with all treatments
BPCA Member
Fully Insured

19 Richer Close Badwell ash
01284 544842
info@smpestcontrol.co.uk
www.smpestcontrol.co.uk



DSR PROPERTY MAINTENANCE

GENERAL BUILDING AND PROPERTY REPAIRS

*New builds, Extensions, Garage, Room conversions, Roof repairs
Concreting, Patios, Walls, Re-pointing, Brickwork,
Gutter repairs, Fencing, Sheds,
Wall and Floor Tiling
Painting and Decorating*

For free estimations call Dean on 07968 483055 / 01359 242438

Stuart Walker Decorating, Painting and Refurbishments

A locally based company offering an honest and reliable service.

Painting—Decorating—Refurbishments—Repairs
All work considered indoors and out!
Fully insured and free quotations provided

Please contact Stuart on: 07711606464 or
stuma1@hotmail.co.uk



Suffolk Wedding and Pet Photographer

**Natural and creative photography that
captures all your beautiful moments.**

Hi, I'm Martin and live in Finningham, I have a purpose built home studio where I specialise in capturing forever memories of your beloved pets. I am confident we can create lovely images of any dog, regardless of how well they might behave for a photo shoot!

I absolutely love a wedding so if you are getting married and would like relaxed, natural images that tell the story of your day.. let's chat!

Check out my reviews on Google or my website to see what people say about me!
Tel or Whatsapp Martin Roper on 07792 032030 or
email martin@martinroper.co.uk

Take a look at my website www.martinroper.co.uk

Lamberts Service Station Ltd

Shop Green, Bacton, Stowmarket, IP14 4LG, Tel: 01449 781260 Mobile: 07834 778116

www.lambertsservicestationltd.com Email : lamberts.1@btconnect.com



Car Service, MOT Testing and Repairs

We have a fully equipped workshop where all manner of repairs can be undertaken. An MOT testing station and we also operate a Recovery Service which includes Home Starts. We are one of the few remaining rural Petrol Filling stations where you can refill and have your oil levels and fluid levels checked.

Please visit our website for full list of services.

WORKSHOP

Service all Makes and Models
Cambelts and Clutches
Engine Diagnostics
Fault Finding
Engine Management Lights
Exhausts
ABS

Electric Vehicles

Diagnostic and Repairs



MOT TESTING

MOTS while you wait -
By Appointment
Petrol
Diesel
Electric Cars
Hybrids

ITEMS STOCKED

Tyres and Fitting
Batteries
Wiper Blades
Bulbs
Calor Gas

RECOVERY SERVICE

Home Starts
Breakdown

Air Conditioning

Air Con Repairs

FORECOURT SERVICES

Petrol and Diesel
Tyre Pressure and Levels
Checked
Bulbs Fitted While You Wait
Antifreeze Check

Competitive prices on Tyres - Quotes given
Free no obligation Estimates on work needed



Find us on Facebook - www.facebook.com/lambertsservicestation

DATE FOR YOUR DIARY

WALSHAM MEMORIAL HALL PICTUREHOUSE

FRIDAY 20TH MARCH

At 6.30pm

(film and meal to be confirmed)

<https://www.walsham-le-willows.org/>

Tickets at £12.50 are available in advance from the Coffee Shop in Walsham Memorial Village hall on a Thursday morning or by emailing walshammemorialhall@gmail.com.

MTP LANDSCAPES

Maintain – Transform - Perfection

(07920152095)

(Email: morganparsons177@gmail.com)

**All Aspects Of Hard And Soft Landscaping
And Garden Maintenance**



Pilates



Badwell Ash Village Hall:
Mondays 12noon – 1pm

Walsham Le Willows:
Wednesdays 9 - 10am
Wednesdays 10:15 - 11:15am

FREE TASTER CLASS. Classes will be mixed ability, and exercises can be adapted as needed. Please contact me on the details below to secure a place, or to register your interest.

Contact: Lara Pepper
Tel: 07974 142 240

Email: contact@larapepper.com
Website: www.larapepper.com

The Old Tea Room Veterinary Surgery

For a professional caring service



Tel: 01359 241761
Station Road, Elmswell, IP30 9HA
www.elmswellvets.co.uk

Independent practices with a personal approach

Local Stowe Veterinary Group surgeries:

Stowe Veterinary Centre
01449 613130
www.stovevets.co.uk

The Mustard Pot Veterinary Surgery
01449 722198
www.needhamvets.co.uk

Ipswich Veterinary Centre
01473 555000
www.ipswichvetcentre.co.uk

The Old Tea Room Veterinary Surgery
01359 241761
www.elmswellvets.co.uk

Moreton Hall Veterinary Centre
01284 747000
www.moretonhallvets.co.uk



• W
E
L
D
I
N
G
•
T
Y
R
E
S
•
B
R
A
K
E
S



MOT CLASSES 4 & 7



- CLUTCHES
- BATTERIES
- CAMBELTS/TIMING CHAIN
- SERVICING
- TRACKING
- WHEEL BALANCING

MkautosmotcentreLtd@gmail.com



MOT: 01359 241158/244421 REPAIRS: 01359 245998



The workshop
Grove lane
Elmswell
IP30 9HN

**Please note as of February
2023 D A Bevan has been
taken over by MK Autos**

**Find us on
Facebook.**

• E
X
H
A
U
S
T
S
•
D
I
A
G
N
O
S
T
I
C
S



M A Heating Services



- * Oil, Gas and LPG boiler servicing, replacements and repairs
- * Repairs to central heating system faults i.e. pumps, programmers and cylinders
- * Servicing and repairs to Rayburn, Aga Stanley and Esse's
- * Landlord's Certificates

Telephone: 01379 783427

Wickham Gate, High Street, Gislegham, Suffolk, IP23 8JD



Strands



HAIR SALON

IXWORTH

I Have Over 30 Years' Experience In Cutting & Styling Ladies & Gents Hair

OPENING HOURS

Tuesday 8.30am – 5.00pm Wednesday 8.30am – 5.00pm
Thursday 8.30am – 7.00pm

For A Professional & Friendly Service Telephone Sarah on

01359 230300



Walsham le Willows and District WI



December: A Talk on Bell Ringing, by Neal Dodge

What are a Waist, a Fillet, a Stay and a Sally? Members found out when Neal Dodge gave an enthusiastic talk on the history and technique of bell-ringing. We heard about both the religious and the secular importance of bell-ringing and how change-ringing became a popular hobby after the Reformation. Dumbbells for exercise were invented literally as dumb-bells for practice.

There are 200 churches with bells in Suffolk and at a time before the internal combustion engine, church bells were probably the loudest peace-time sound; in 1640 England was referred to as The Ringing Island.

Members were very interested and question-time went on for some time. This was followed by a game of mystery pillowcases which was great fun.

January: Birthday Meal

The members of the W.I. enjoyed a relaxing social evening with drinks and a chance to catch up with friends before a delicious meal prepared by Sarah Cousins, followed by games with much laughter.

Next Meetings:

11th February at 7.30pm Priory Room
A Journey with Glass – Michelle Russell

14th March at 7.30pm Priory Room.
The History of Food & the Great English Tea Ceremony
Talk by Catherine Buchanan

NEW MEMBERS ALWAYS WELCOME to come along and visit.
Ladies are able to attend 2 meetings free of charge before joining

TankChange Ltd.

Suppliers & Installers of Oil Tanks

Family Business with Over 40 Years Experience

Steel & Plastic Oil Tanks available

Fully Insured OFTEC Registered Engineers.



Telephone: 01449 781210
(Out of Hours: 01449 781498)
Mobile 07899 898720

Email: Terry@tankchange.co.uk

Visit our Website@: WWW.tankchange.co.uk

Discounts available to Parish Magazine readers



**FINNINGHAM
COFFEE MORNING
at
ST BARTHOLOMEW'S
CHURCH**

**LAST SATURDAY OF THE MONTH
from 10 AM**

Delicious food



**Come along, have a chat and
make new friends**

DPM Roofing



DPM Roofing

20+ years experience

FREE ESTIMATES

Our Services:

- New roofs
- Re- roofs
- Cement work
- Repairs
- Slates
- Loft insulation
- Chimney repairs or removal
- Guttering
- Lead work
- Fascia
- Velux windows
- Tiles
- Soffits



07843080347

dpm.roofing@outlook.com



WJC Painters
 Painting & Decorating Services
 Web - www.wjc-painters.co.uk
 Email - wjcpainters@hotmail.co.uk
 Tel - 07814 240840

THE
**LOG BURNER
 BARN**

01379 454299



- ✦ Full installation service
- ✦ Hetas registered engineer
- ✦ Eco Design clearSkies 5
- ✦ British and Danish made stoves
- ✦ Energy Efficiency Class A+
- ✦ Free survey & Quote

Show room open Tues-Fri 10-5 Sat 10-1 visit:
 Aldridges Farm Fressingfield Road Laxfield IP13 8EN
www.thelogburnerbarn.co.uk

CITIZENS ADVICE



A friend's sudden illness has made me reflect on getting my own affairs in order. I've heard about lasting powers of attorney (LPAs), but I'm not sure where to start or whether I really need one at my age.

The key point is that any adult can make an LPA; it isn't only for older people. An LPA lets you appoint a trusted person, such as a friend or family member, to make decisions on your behalf if you ever lose the ability to do so yourself. This might happen due to an illness, accident, or condition that affects your mental capacity.

Conditions that can prevent someone from making decisions include dementia, brain injuries, mental health problems, substance misuse, or side-effects from medical treatment. Setting up an LPA doesn't mean you expect these things to happen, just that you want to be prepared.

There are two types of LPA:

1. **Property and financial affairs LPA** – This allows someone to manage your finances, such as buying or selling property, handling bank accounts, dealing with benefits, or paying debts. You can grant broad authority or limit it to specific tasks. If you choose a limited arrangement, the document must be drafted very carefully.
2. **Health and welfare LPA** – This covers decisions about where you live, your daily care, and medical treatment. Unlike the financial LPA, it can only be used once you have lost mental capacity.

You don't need to set up both types at once, but you must make each LPA while you still have mental capacity. Whatever you choose, it's crucial to select your attorney or attorneys with care, as they may one day have significant control over your wellbeing or finances.

To create an LPA, you can either complete the forms online at gov.uk or download them. Each type, property and financial affairs, and health and welfare, requires its own separate form.

Once the forms are filled in, they must be registered with the Office of the Public Guardian (OPG), and you may need to pay a registration fee. If everything has been completed correctly and no one raises objections after being notified, the OPG will register the LPA. This process can take around 20 weeks.

When registration is complete, the OPG will notify both you and your chosen attorneys, and the LPA can then be used if needed. For more guidance on LPAs and other types of power of attorney, the Citizens Advice website offers clear and helpful information. <https://www.citizensadvice.org.uk/family/looking-after-people/managing-affairs-for-someone-else/>

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

WALSHAM COMMUNITY FOOD BANK

Food donations can continue to be placed in our benefice churches and these will then be collected and delivered to Stowmarket.

In future if you would like to make a monetary donation, you can make a one off or regular donation directly to Stowmarket foodbank - Barclays bank, Stowmarket. Sort Code: 20-82-75 - Account number: 33867331 Quoting ref: FOODBANK.



All Vehicle type repairs and Maintenance, including:
MOT Prep and Arrangement
Servicing
Diagnostic Fault Reading
Breakdown and Recovery
Air Conditioning
Tyres, Batteries and Exhausts
Welding and Bodywork
Restoration Projects
Tel: 01449 781927 07801989357
MJHardwick@BTconnect.com

Linda Trollip MAAT

Self assessment tax
MTD advice and management
Friendly and efficient, based in Thurston
07859770635 linda@wimpoleaccounting.co.uk
AAT Licensed Accountant



Elite Fencing & Landscaping

JUST 10 MINUTES AWAY FROM YOU

All types of outdoor work undertaken—small or large

For **FREE ESTIMATES** call Trevor on:
01359 221128 or 07761651567
Email: trevor@elite-fencing.co.uk
Web: www.elite-fencing.co.uk



Would you like fresh milk completely ~~Boyaer~~ free delivered to your doorstep up to 4 times a week, with free delivery?

Would you like to have your milk in environmentally friendly reusable glass bottles?

Would you like to pay for your milk and goods only after you have received them and are happy with your delivery?

Would you like to be able to pay by Cash, Cheque or straight into our account?

We are a family run business based in Stowmarket who pride ourselves on delivering come Rain, Shine or Snow, we can supply regular milk, Organic milk and alternative milks and we are cheaper than our competitors, we can also supply a range of other goods.

If you would like to start deliveries or would like discuss having deliveries then give us a ring on 01449 676746 or email us suffolkdairies@gmail.com.

Phil and Jenny
Unit 18, Tomo Industrial Estate, Stowmarket IP14 4JA

Wattisfield URC Services

Date	Time	Service details
February 1st	11am	Holy Communion
8 th	11am	Morning worship
15 th	11am	Morning worship
22 nd	11am	Morning worship
March 1st	11am	Holy Communion
8 th	10.45am	Visit to Whiting St URC, Bury St Edmunds <i>No service at Wattisfield</i>
15 th	11am	Mothering Sunday
22 nd	11am	Morning worship
29 th	11am	Palm Sunday – morning worship
April 5th	11am	EASTER SUNDAY - Holy Communion

Please contact Mrs Jo Patel our Local Leader (01359 251789) for more information

The PUDDLE DUCK CAFÉ is open on the 3rd Saturday of the month from 10.30am-12.30pm

CrafTea & ScrabbleTeatime: 1-3pm on 2nd & 4th Weds of the month



There will be a reflective Taizé service of music and prayer at Diss URC (IP22 4AD) at 3pm on Saturday 15th February. All are welcome, and there will be refreshments afterwards.

30+
YEARS
TRADING

WILLOWSERVE LTD

Plumbing, Heating & Building Refurbishment Services

Bury St Edmunds

For a Professional, Reliable service & quality workmanship you can trust.

*All types of Heating Installed

*Replacement boilers / Hot water cylinders

*Specialist boiler servicing & Repairs

*Worcester Bosch Accredited Installers offering up to 12 year Guarantee.

*Wet & Electric Underfloor heating

*Bathroom's & Wetrooms Designed and installed.

*Disabled Adaptations

*Ceramic, Porcelain & Natural stone floor and wall Tiling.

*All types of flooring

*Painting & Decorating Inside & Out.

*Carpentry

*Fully Fitted Kitchens Supplied & Fitted

*Plastering

And Much More.....

Visit our website today for the full list of the services we provide.



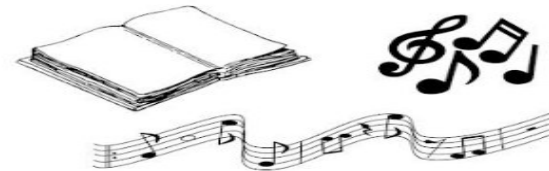
Checkatrade.com

WWW.WILLOWSERVELTD.COM

TEL: 01359 259886

SOUNDS FUN

Westhorpe Village Hall 7.30pm — 9.30pm



If you would like to

- Sing on your own, with others or just listen
- Play your musical instrument
- Recite, read or listen to poetry and short stories

Please come along and join us - whatever your age or ability we would like to see you.

Third Thursday of the month
£2 per session, BYO drinks.

Contact Graham Hammond: grahamhammond@outlook.com/07562 394580 or Alison Weston: alisonweston25@hotmail.com/07972 415205



MANOR HOUSE
OAK LTD

PERIOD PROPERTY
RENOVATION SPECIALISTS

www.manorhouseoak.co.uk
info@manorhouseoak.co.uk

01379 897 287
07796 294 655

Benefice Services April

1st April

2pm Lent Group Westhorpe

2nd April

Maundy Thursday

6pm Reflective Service Badwell Ash

3rd April

Good Friday

10am Easter Egg Hunt Badwell Ash/Langham

6pm Lent Evening Prayer Walsham-le-Willows

5th April

Easter Day

9:30am Easter Service Westhorpe

9:30am Easter Service Langham

11am Easter Service Walsham



Holy Week

Benefice Services February

1st February

Candlemas

8am BCP Holy Communion Walsham-le-Willows

10am Roots and Shoots Walsham-le-Willows

11am Family Service Walsham-le-Willows

8th February

2nd Sunday before Lent

8am BCP Holy Communion Walsham-le-Willows

9:30am Holy Communion Westhorpe

11am Songs of Praise Walsham-le-Willows

15th February

Sunday before Lent

8am BCP Holy Communion Walsham-le-Willows

9.30am Holy Communion Finningham

18th February

Ash Wednesday

11am Ash Wednesday Service Walsham-le-Willows

6pm Ash Wednesday Service Westhorpe

20th February

6pm Lent Evening Prayer Walsham-le-Willows

22nd February

1st Sunday of Lent

9:30am Holy Communion Badwell Ash

11am Holy Communion Wattisfield

3pm Evensong Westhorpe

25th February

2pm Lent Group Priory Room - Walsham

Benefice Services February – March

27th February

6pm	Lent Evening Prayer	Walsham-le-Willows
-----	---------------------	--------------------

1st March 2nd Sunday of Lent

8am	BCP Holy Communion	Walsham-le-Willows
-----	--------------------	--------------------

10am	Roots and Shoots	Walsham-le-Willows
------	------------------	--------------------

11am	Family Service	Walsham-le-Willows
------	----------------	--------------------

4th March

2pm	Lent Group	URC Chapel, Wattisfield
-----	------------	-------------------------

6th March

6pm	Lent Evening Prayer	Walsham-le-Willows
-----	---------------------	--------------------

8th March 3rd Sunday of Lent

8am	BCP Holy Communion	Walsham-le-Willows
-----	--------------------	--------------------

9:30am	Holy Communion	Westhorpe
--------	----------------	-----------

11am	Songs of Praise	Walsham-le-Willows
------	-----------------	--------------------

11th March

12pm – 2pm	Lent Lunch	Priory Room - Walsham
------------	------------	-----------------------

13th March

6pm	Lent Evening Prayer	Walsham-le-Willows
-----	---------------------	--------------------

14th March

10am-12pm	Mother's Day Craft Session	Priory Room - Walsham
-----------	----------------------------	-----------------------

2pm-4pm	Mother's Day Craft Session	Finningham
---------	----------------------------	------------

Benefice Services March

15th March

8am	BCP Holy Communion	Walsham-le-Willows
-----	--------------------	--------------------

9:30am	Holy Communion	Finningham
--------	----------------	------------

18th March

2pm	Lent Group	Finningham
-----	------------	------------

20th March

6pm	Lent Evening Prayer	Walsham-le-Willows
-----	---------------------	--------------------

22nd March

9:30am	Holy Communion	Badwell Ash
--------	----------------	-------------

11am	Holy Communion	Wattisfield
------	----------------	-------------

3pm	Evensong	Westhorpe
-----	----------	-----------

25th March

2pm	Lent Group	Badwell Ash
-----	------------	-------------

26th March

10am	School Easter Service	Walsham-le-Willows
------	-----------------------	--------------------

27th March

6pm	Lent Evening Prayer	Walsham-le-Willows
-----	---------------------	--------------------

29th March

9:30am	Benefice Service	Finningham
--------	------------------	------------

Palm Sunday