

The Benefice of Badwell & Walsham

Rector: Rev'd Philip Merry 07526 271784
(philipmerry@hotmail.co.uk)

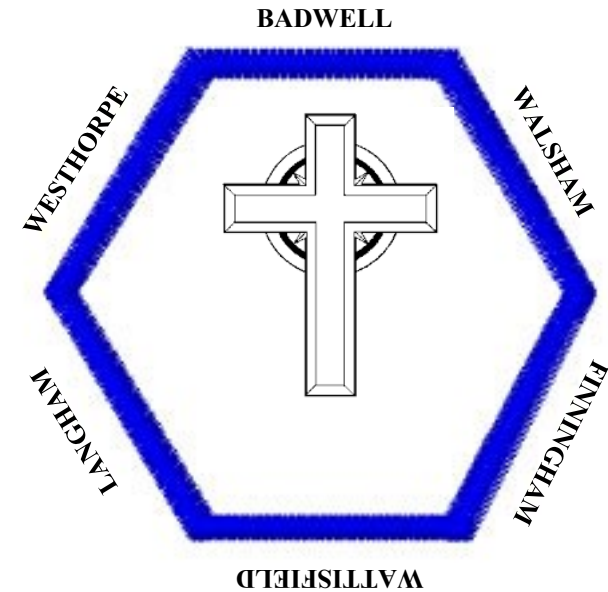
Reverend Jill Walker jill.walker@me.com

Reverend Jay Price 07752 867388 jsgprice@aol.com

Benefice Reader: Ian Jackson 01449 781392

Benefice Elder: Marion Bell 01449 782072

*The Benefice of
Badwell & Walsham*



Hexagon

August – September 2023

HEXAGON

Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine to the Editor: Debbie on 01359 259686 or debbiewatson2916@gmail.com

COPY DEADLINE Last date for items for inclusion in the next issue is **Friday 8th Sep 2023**

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FULL PAGE	single issue £30	3 issues £60	6 issues £120
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QUARTER PAGE	single issue £15	3 issues £30	6 issues £50

Contact Judith on 01359 258251 or judithharlow@outlook.com

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RETIREMENT

I expect that those reading this article will be aware that Denise and myself are leaving the Benefice this August. I reach my 68th birthday this month, and we decided a few months ago that time is now right for me to retire, as such we are moving and settling down in Beccles, still in the County of Suffolk! Since we moved to Suffolk in 2006, Beccles has very much been one of our most favoured towns.

Retirement from paid work, but hopefully I shall still be active taking some services within the wider Church in a voluntary capacity. After retiring from Stipendiary Ministry, a Priest has their licence removed for 6 months and can then apply for it back, which is my intention. As I write this article there are over 20 vacancies in Suffolk for Priests, including Beccles and nearby Southwold. My son, who many of you will know is a Priest just outside Stoke on Trent, already has plans for me to take some of his services!!

Although not 68 until near the end of the month, with holiday and time off it is calculated that my last service is on the 6th August with our leaving The Rectory later that week.

It has been a wonderful and very Blessed time, well over 6 years, and as with any leaving of somewhere and something you enjoy,

cont>

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<cont

it is tinged with a certain sadness. But time is now right for another chapter in our lives. Denise and I will look back with fond memories and deep gratitude for all the immense love, friendship and support that we have received; so a sincere 'Thank You.'

Plans are already under way for the Church to replace me, and I know that whoever takes over will receive a warm welcome in the Benefice. I have been able to compile a list of services up to next February, some being taken by our 2 resident retired Priests; Reverends Jay Price and Jill Walker, some by Benefice Reader Ian Jackson, and Benefice Elder Marion Bell. The rest will be taken by a range of other Priests who are willing to help out as retired Clergy.

Once again it has been not just a pleasure but an immense privilege to have served the People of Badwell and Walsham Benefice.

Denise and I wish you Every Blessing.

Philip Merry Benefice Rector

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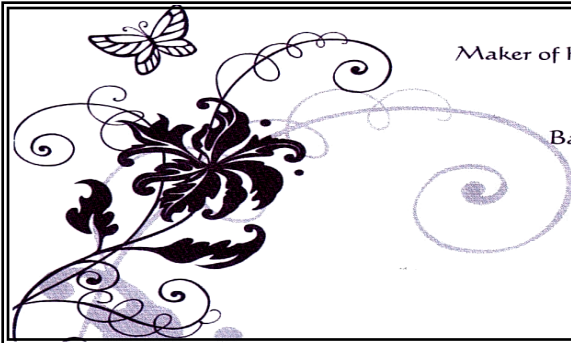


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FROM the REGISTERS

BAPTISMS

Isaac Andrew Roy McLeod	24/6/23	Walsham
Samuel James Farrow	25/6/23	Walsham

WEDDINGS

Samuel William Jacobs / Emma Sophia Tabrett	6/5/23	Langham
David James Dasan / Leanne Karina Foulger	20/5/23	Walsham
Lawrence John Guise / Laura Alice Emily Whitefield	10/6/23	Walsham
Tyler Neal Johnston / Alice Elizabeth May Pettit	21/6/23	Walsham
Jack Samuel Robert Bloom / Tara Rosanna Watt	8/7/23	Walsham

FUNERALS

Edward MacDonald Laflin	13/5/23	Burial of Ashes	Badwell Ash
Peter Handley Nunn	20/5/23	Burial of Ashes	Walsham
Susan Murray	24/5/23	Burial of Ashes	Langham
Doris Emmie Burgoyne	5/6/23	Cremation	Badwell Ash
Giampaolo Recchi	19/6/23	Cremation	Walsham
Jean May Fordham	24/6/23	Burial of Ashes	Badwell Ash
John Arthur Norris	10/7/23	Cremation	Badwell Ash
Valerie Ann Robinson	13/7/23	Cremation	Walsham
Jeremy Bliss	14/7/23	Cremation	Walsham
Norma Isabel Margaret Bennett	19/7/23	Burial	Westhorpe

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FAREWELL TO PHILIP

Philip Merry will be giving his last service in Walsham le Willows at 11.00am on Sunday 6th August.

Both Philip and Denise will be missed enormously, not only by the regular churchgoers for Philip's deep faith and commitment to the church; but also by all the people who have been touched by their kindness, helpfulness and general involvement in so many aspects of our village lives - baptisms, weddings, funerals, school assemblies, fundraising, food bank, visiting the sick - the list goes on and on. They have both given huge amounts of time and energy to the Benefice.

We all wish them well and would like to give them our heartfelt thanks for six and a half years of devoted service to our communities.

HEXAGON MAGAZINE

We are seeking someone to take over as the 'Advertising Organiser' for the Hexagon. This would involve collating adverts from the various companies/organisations for inclusion in the Hexagon. Liaising with the advertisers with regards to size and cost of the adverts and in conjunction with the editor ensuring they are the correctly printed in the magazine.

For further information please email Judith Harlow - judithharlow@outlook.com

FUND RAISING THANK YOU

Please could I ask you to include a big thank you to our friends who so kindly donated and supported me when I took part in the MacMillan North Norfolk Mighty Hike on Sunday 21st May raising £1,660 including gift aid. A wonderful total.

Sincerely Margaret Miller

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WALSHAM COMMUNITY FOOD BANK

Due to ever increasing demand our local Food Bank based in Walsham is no longer sustainable. Of late we have been distributing four times the amount of food donated which regularly involves purchasing £1,000 worth of food a month. Our service is totally reliant upon volunteers who purchase, collect, store, package and distribute food to around eighty individuals each month as well as undertaking all the associated administration and following some recent changes in personnel this is now proving to be an insurmountable task.

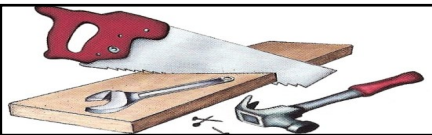
Sadly, against this background we have decided to close down our local operation at the end of June and transfer all our remaining food stocks and funds to Stowmarket Foodbank who will then service our benefice from their significantly larger operation at New Life Church (Suffolk), 4 Pochard close, Stowmarket IP14 5EX.

Food donations can continue to be placed in our benefice churches and these will then be collected and delivered to Stowmarket.

In future if you would like to make a monetary donation, you can make a one off or regular donation directly to Stowmarket foodbank - Barclays bank, Stowmarket. Sort Code: 20-82-75 - Account number: 33867331 Quoting ref: FOODBANK.

We would like to thank everyone who has contributed to the success of this local community service over the last three years and in particular Amanda and David for keeping it going as long as they have.





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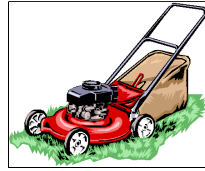
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Contact : Shirley White tel 01359 258532

Self Defence Class Tuesday 6.30pm
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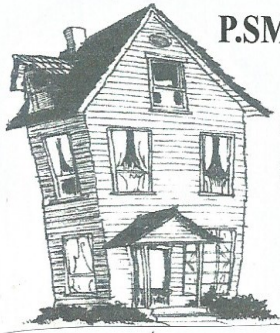
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**Walsham le Willows and District WI
July 2023**



A slightly unusual setting for our July WI meeting saw us gathered in St Mary's church in Walsham where our speaker, our Rector Rev. Philip Merry, was surrounded by the items to illustrate his talk on the history of this building at the centre of our village. We learned about the strange 'crant' hanging in the nave and the 'saxon' stone being the oldest thing in the church. I'm not sure we got the precise differences between a rector and a vicar but, as was pointed out by Philip, whose son is a vicar, Walsham has both a rectory and an old vicarage. We learned to look up at the stained glass stories and to admire the 'reredos'. We had some rather special refreshments. We had a unique insight into parish life and are sad to be bidding farewell to Philip and Denise who have supported our WI so generously. I was disappointed not to see any bats which had been previously mentioned/promised/threatened but there was plenty else to inform and entertain us all in good company!

The WI walking group will meet 29th July in Westhorpe and the WI coffee and chat group on 28th at the Grumpy Goat.

Our next meeting 9th August meeting will be at Partacre, Westhorpe. Come early (5.30pm) for a Simple Supper (£7.50) to raise funds or come at 7 pm for the Garden Meeting. Competition: a vegetable animal! Hope to see you there.

Jill Newell

PROGRAMME OF EVENTS

August 9 - Garden Party at Partacre

September 13 - Local Wildlife—Talk by Patrick Barker starts 7pm

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Music in St Mary's Walsham

August 2023

*Open Gardens Sunday 27th and Monday 28th August
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flute during lunchtime period on Monday 28th August.*

September 2023

*Thursday 28th September: 12.15-1.00pm
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October 2023

*Saturday 14th October: 7.30pm
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Practice sessions again in Haughley Village Hall on Sunday evenings 7.30-9 pm from 17th September 2023.

If you would like to come and have a go, we would be delighted to see you.

Musicians are welcome too (portable acoustic instruments).

For more information ring Sue on 01449 766747 or Gill on 01449 673518

See Haughley-Hoofers on Facebook

Westhorpe Village Hall Events

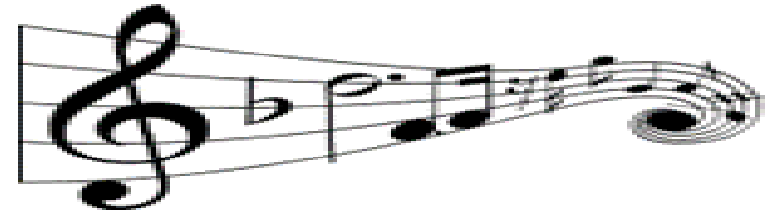
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TALK

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Firstly, tell the company or travel agent you booked with as soon as possible. This way you're more likely to be able to get it sorted quicker. If you don't say anything until you get home, you might get less or no compensation at all.

If the holiday you went on turned out to be lower in value than the one you originally booked you can make a claim for 'loss of value'. For example you paid for a deluxe room but only got a standard one, if it wasn't sorted out at the time you can claim back the difference in value.

You can also claim compensation for any extra money you have to spend while away, for example the hotel was a bus ride away from the beach rather than across the road as advertised. This is called claiming for 'out-of-pocket expenses'. If this does happen make sure you keep all your receipts for things like bus journeys.

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It's worth noting that there's no there's no strict guidance on how much you can claim for loss of enjoyment but any claim you make must be reasonable. You can't get compensation if you simply didn't enjoy the holiday or if the problem was out of the holiday company's control - like bad weather.

Check the information you received when you made the booking to see what you're supposed to get. If you don't get the service you've been promised, you may be entitled to compensation for breach of contract. You might also be able to claim from your travel insurance - check if your policy covers this.

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RECIPES

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Ingredients

250g soft unsalted butter, 250g caster sugar, 1tsp vanilla extract, zest and juice 2 large lemons, 5tbsp elderflower cordial, 300g plain flour, 2tsp baking powder, 5 eggs, 150g courgettes (about 1-2 small ones) finely grated, 25g icing sugar, 75g granulated sugar

Method

1. Preheat oven to 160c, fan 140c, Gas 3. Grease and line a deep 20cm round cake tin.
2. Beat together the softened butter and caster sugar until pale and creamy. Beat in vanilla extract, half the lemon zest, 1 tablespoon lemon juice and 2 tablespoons of elderflower cordial.
3. Sift the flour, baking powder and salt into another bowl. Beat the eggs into the creamed mixture one by one, add a tablespoon of flour if the mixture curdles, then mix in the flour.
4. Fold in the grated courgette. Pour into prepared tin and bake for 1hr 10 min to 1hr 20mins or until a skewer poked into the centre comes out clean. Cool in the tin for 10-15mins then put onto wire rack over a plate.
5. Skewer holes across the top of cake. Mix together remaining lemon juice and zest with cordial. Quickly mix in icing sugar and all but 1 tbs of granulated sugar. Spoon sugary syrup all over the top of the cake. Sprinkle reserved granulated sugar over the top and leave the cake to cool.

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Ingredients

1 small courgette, 100g (3 ½ fl oz) light cheddar cheese
225g (8oz) S R Flour, 50ml / 2 fl oz olive oil
175ml / 6 fl oz semi-skimmed milk, 1 egg, black pepper

Method

1. Pre-heat oven to Gas 6, 200c fan 108c
2. Grate courgette and then cheese into mixing bowl.
3. Add SR flour along with oil and milk, mix well.
4. Beat egg in separate bowl with black pepper then add to other ingredients.
5. Spoon into 12 muffin cases. Cook for approx. 20 minutes. Cool on cooling tray.



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 Otago (chair based exercise) Wednesdays 11.30 -12.30
 Indoor bowls Wednesdays 2.30 – 4.30pm (Oct-Apr)
 Pétanque Thursday 2pm, Walking Football Thursdays 2-3pm
 Yoga Thursday 1.15- 2.15pm
 Cardio Tennis Friday 12 – 1pm



Social Events Aug/Sep

Sunday night Bingo starts 7pm **13th Aug, 3rd Sep (charity event) 17 Sep**
 Friday Night is Music Night starting at 6.30pm **Jo Manning: 4th & 25th Aug**

Saturday 19th August starting at 7pm
 Charity Trailer Gig - featuring rock band 'Beautiful Dangerous'
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Saturday 2nd September at 7pm
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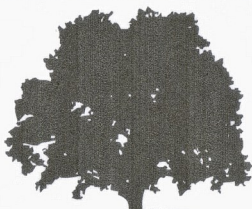
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JULY ON THE ALLOTMENTS

The weather continues to make growing at the allotment interesting; cold winds of May and early June seem a distant memory, with June being the hottest on record for the UK. All 7 water butts that had filled with rain over the winter and early spring were now empty. Thankfully some heavy showers in mid and late June have refilled the water butts a bit and refreshed the ground and the plants growing.

The allotments are now thriving with a patch work of potatoes in full flower, courgette plants with huge trifid like leaves, runner beans racing to the top of their wigwams and sweetcorn growing tall and lush. Sweet peas have done really well this year. I trying to find different ways to eat my way through a forest of purple curly Kale each meal time.

Autumn sown Broad beans and garlic are now harvested leaving a bare patch of ground. An opportunity to follow on with leeks, a last sowing of French beans, and some salad leaves perhaps.

Rocket, pak choi, mustard leaves are worth sowing now for salad leaves – less likely to go to seed as the days shorten.

Spring cabbage and Kale can be sown at this time of year too, to provide greens over the winter months and into spring.

Sharing my plot with a friend has been a good idea – the full plot is too big to manage when you work full time. We both have our own patch of ground for vegetables but we have planted a new fruit garden together, share the existing 6 fruit trees and have made a new chicken run for our 3 chickens beneath the apple trees. The chickens are laying well with 3 eggs a day so enough for 2 families at the end of a week.

The polytunnel is providing some French beans and salad, but I await the first cucumber and tomato - lesson learnt that I was a bit late at changing over from the winter /early spring vegetables to get the tomatoes in their place. Note to self to be ruthless and remove the winter salad and plant earlier next year.

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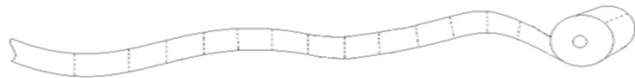
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John Gladders 01449 780365 dijongladders@gmail.com

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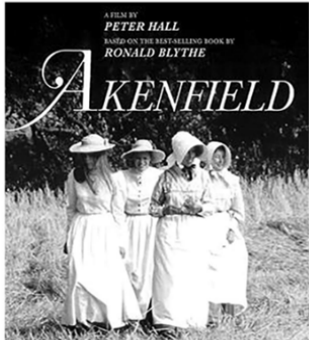
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In Folk Guitar children learn songs to sing accompanied by a variety of plucks and strums on guitar to enable them to perform solo or in a group. My Phoenix group performed all the music for Langham Church Carol Service last Christmas on 12th December 2021.

If you know a child who would like to learn to play guitar and sing so they can perform, please email me for further details. I can give private lessons in your home or if there are 6 or more wishing to learn I can use Westhorpe village hall at a suitable time after school which would be much cheaper than individual private lessons. I am DBS checked to teach guitar and run the Phoenix group. Parents are always welcome to stay and watch.



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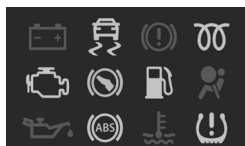
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Date	Time	Service details
August 6 th	11am	Holy Communion
13 th	11am	Morning worship – Revd Pat Atkinson from the Vidiyal Trust
20 th	11am	Morning worship – Andy Malcolm from the Fishermen’s Mission
27 th	10.45am	Visit to Diss URC <i>no service at Wattisfield</i>
September 3 rd	11am	Holy Communion
10 th	11am	Harvest Festival at St Margaret’s Church – <i>no service at the URC</i>
17 th	11am	Morning worship
24 th	11am	Morning worship
October 1 st	11am	Harvest Thanksgiving followed by Soup Lunch* (see below)

*Our Harvest Thanksgiving service on Sunday 1st October will be followed
by a soup and roll lunch to raise money for the Royal Agricultural
Benevolent Institution.

The fresh produce from the harvest display will be distributed for donations
during the lunch. The non-perishables, if not taken on the day, will be sent
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CrafTea & ScrabbleTea: 2-4pm on 2nd & 4th Weds of the month

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Benefice Services Aug – Sep 2023

6th August

11.00am Holy Communion Walsham

13th August

8.00am Holy Communion Walsham

9.30am Holy Communion Badwell Ash

20th August

9.30am Holy Communion Langham

11.00am Songs of Praise Walsham

27th August

8.00am Holy Communion Walsham

3.00pm Evensong Westhorpe

3rd September

11.00am Holy Communion Finningham

11.00am Harvest Langham

10th September

8.00am Holy Communion Walsham

11.00am Holy Communion Walsham

11.00am Harvest Wattisfield

17th September

11.00am Family Communion Finningham

11.00am Harvest Songs of Praise Walsham

Benefice Services Sep – Oct 2023

24th September

8.00am Holy Communion Walsham

9.30am Harvest Badwell Ash

3.00pm Harvest Westhorpe

1st October

11.00am Family Communion Walsham

11.00am Harvest Finningham

SOLUTION TO 30 BOOKS OF THE BIBLE
(Jun/Jul Hexagon)

There are 30 books of the Bible in this paragraph. Can you find them? This is A **MOST** re**MARK**able puzzle. It was found by a gentleman in an airplane seat pocket, on a flight from Los Angeles to Honolu**LU**, **KEE**ping him occupied for hours. He enjoyed it so much, he passed it on to some friends...One friend from Illinois worked on this while fishing from his **JOHN** boat. Another friend studied it while playing his ban**JO**, **EL**aine Taylor, a columnist friend, was so intrigued by it she mentioned it in her weekly newspaper column. Another friend **JUDGES** the **JOB** of solving this puzzle so involving, **sHE BREWS** a cup of tea to help her nerves. There will be some names that are really easy to spot. That's a **fACT**. Some people, however will soon find themselves in a **JAM**, **ES**pecially since the book names are not necessarily capitalized. **TRUTH**fully, **fROM ANS**wers we get, we are forced to **admiT IT US**ually takes a minister or a scholar **tO SEE** some of the**M AT THE Worst**. Research has shown that something in our **GENES IS** responsible for the difficulty we have in seeing the books in this paragraph. During a recent fund raising event, which featured this puzzle, the Alpha Delta **PHI LEMON**ade booth set a new record. The local paper, The **CHRONICLE**, Surveyed over 200 patrons who reported that this puzzle was one of the most difficult they had ever seen. As **DANIEL** Huma**NA HUMB**ly puts it, "The books are alright here in plain view hidden from sight." Th**OSE** Able to find all of them will hear great **LAMENTATIONS** from those who have to be shown. One **REVELATION** that may help is that books like **TIMOTHY** and **SAMUEL** may occur without their **NUMBERS**. Also, keep in mind that punctuation and spaces in the middle are nor**MAL**. A **CHI**pper attitude will help you **compETE** Really well against those who claim to know the answers. Remember, there is no need for a mad **EXODUS**, there really are 30books of the Bible lur**KING** Somewhere in this paragraph waiting to be found . God Bless



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Readings for August

6th August

Daniel 7: 9-10, 13-14
Psalm 97
2 Peter 1: 16-19
Luke 9: 28-36

13th August

I Kings 19: 9-18
Psalm 85: 8-13
Romans 10: 5-15
Matthew 14: 22-33

20th August

Isaiah 56: 1, 6-8
Psalm 67
Romans 11: 1-2, 29-32
Matthew 15: 21-28

27th August

Isaiah 51: 1-6
Psalm 138
Romans 12: 1-8
Matthew 16: 13-20

Readings for September

3rd September

Jeremiah 15: 15-21
Psalm 26: 1-8
Romans 12: 9-end
Matthew 16: 1-end

10th September

Ezekiel 33: 7-11
Psalm 119: 33-40
Romans 13: 8-end
Matthew 18: 15-20

17th September

Genesis 50: 15-21
Psalm 103: 1-13
Romans 14: 1-12
Matthew 18: 21-35

24th September

Jonah 3: 10-end of 4
Psalm 145: 1-8
Philippians 1: 21-end
Matthew 20: 1-16

