



The Broadsheet

The newsletter for Badwell Ash, Badwell Green and Long Thurlow

Issue 107 - October / November 2025



Dates for your diary

Paint and plonk

Thur 9 Oct. Starts at 6pm. Village Hall

Village History Exhibition

Sat 11 Oct. 11am-3pm. St Mary's

Coffee morning and crafts

Sat 18 Oct. 10am-1pm. Lord Thurlow Hall

Jumble Sale

Sat 18 Oct. 9.30am-12.30pm. St Mary's

Wine Tasting Evening

Fri 24 Oct. Starts at 7pm. Village Hall

Paint and plonk

Thur 13 Nov. Starts at 6pm. Village Hall

Christmas Fayre

Sat 22 Nov. Village Hall

Paint and plonk

Thur 4 Dec. Starts at 6pm. Village Hall

Christmas Fair and lights switch on

Sat 6 Dec - St Mary's Church

Quiz Night

January, Date TBC - Village Hall

Quiz Night

April, Date TBC - Village Hall

From the Parish Council

Community Survey & Open Information Days Update

A Big Thank You

The Parish Council extends its heartfelt thanks to everyone who participated in our recent Community Survey.

With a response rate of over 40%, we've been told that's an outstanding result — and it speaks volumes about the passion and engagement within our parish.

We're also grateful to those who attended the Open Information Days on 6th and 8th September. These events were designed to share the survey findings, and it was truly inspiring to see so many residents eager to learn more and get involved.

Survey Results & Where to Find Them

If you weren't able to attend the Open Days, don't worry — the full Survey Results Report, prepared by our independent consultants, is available on the Parish Council website. We've also shared key messages from the survey in this Broadsheet and across our social media channels. <https://badwellash.suffolk.cloud/>

What Happens Next?

Thanks to your feedback, we now have a clear understanding of the priorities that matter most to our community. From this, a number of projects have been identified — and your responses have given the Parish Council a strong mandate to move forward. *Cont. pg 2.*

In the Village Hall.

Monday

Pilates | 12-1pm | Large Hall

Tuesday

Silver Ash | 2-3.30pm | Small hall, once a fortnight.

Carpet Bowls | 7.30-9.30pm | Large hall.

Wednesday

Dog training classes | 6.30-9.00pm | Large hall.

Thursday

Dog training classes | 6.30-9.00pm | Large hall.

Rainbow's | 4.15 - 5.45pm | Small hall

The Editor: badwellash@hotmail.co.uk | Sponsorship enquiries: badwellashpc@outlook.com

Next issue copy deadline: 16th November 2025

The Parish Council has made every effort to ensure the accuracy of the information within this newsletter was correct at time of publication. The Parish Council does not assume, and hereby disclaims, any liability to any party for any loss, damage caused by errors or omissions. The views within the newsletter are not necessarily those held by the Parish Council.

Check out the
issue online



From the Parish Council

Visit the villages' website: badwellash.suffolk.cloud | Contact the Parish Clerk: badwellashpc@outlook.co.uk

Continued from page 1.

This work provides a solid foundation for refining our plans and budget allocations. While not everything will happen overnight, the survey results will guide the development of a Long-Term Plan and a structured "Parish Amenity Vision" for the future.



Projects Taking Shape

Some initiatives are already underway, and others are being grouped into key themes:

 Ecology & Environmental Issues

 Footpath Improvements

 Traffic Calming Measures

 Village Hall & Playing Field Enhancements

 Emergency Flood Risk Planning

 Additional Green Amenity Spaces

We're now preparing a Parish Infrastructure Investment Plan to guide the development of these projects. Where needed, detailed assessments will be carried out to determine feasibility, costs, and timelines.

Get Involved

To help bring these projects to life, we'll be forming small working groups outside of the Parish Council. If you have relevant skills, local knowledge, or simply a passion for helping, we'd love to hear from you.

There's no need to attend lengthy meetings — just a willingness to contribute and help our community thrive. If a project speaks to you, please contact Tavid Dobson, Parish Clerk at badwellashpc@outlook.com

A huge thank you to those who've already volunteered — we know there's still plenty of talent and enthusiasm in our parish waiting to be tapped.

Stay Connected

We'll keep you informed as things progress. So keep reading the Broadsheet and follow our local Facebook pages for updates, opportunities, and ways to get involved.

The Journey So Far

 Survey responses have helped identify interest levels for each project

 We're evaluating how each project meets community needs

 Feasibility studies are underway

 Engagement with individuals, groups, and experts has begun

 Work has started on a publicly available Parish Infrastructure Investment Plan

Let's keep the momentum going

Your community, your journey, your future...

How to Get Involved

Our Neighbourhood Watch scheme is completely free to join. The primary purpose is to share information about anything suspicious with our community and directly with our Community Policing Team in Stowmarket. We also share other relevant local information that helps create a stronger sense of community.

To join the Neighbourhood Watch: If you live in Long Thurlow and would like to be added to the scheme, please contact David Girling at david.girling2@gmail.com.

If you live in Badwell Ash, please contact Bill Woodhall. bill.woodhall@yahoo.com

For more information: To learn more about how the scheme works, or about Neighbourhood Watch in general, you can contact Bill Woodhall, who is the co-ordinator for one of the schemes and also a Parish Councillor.

Badwell Ash & Great Ashfield Neighbourhood Watch: Keeping Our Community Safe



You might already know that Badwell Ash has an active Neighbourhood Watch scheme, and we're proud to say it's one of

the few that covers our entire village and the surrounding parish of Great Ashfield. Our main goal is simple: to look out for each other and keep our community safe.

Fortunately, we live in a low-crime area. However, recent events, including a garage break-in in Long Thurlow, remind us that we can never be too careful.

We're asking everyone to be extra vigilant on behalf of your neighbours. By working together, we can make it more difficult for criminals and continue to make this a wonderful place to live.

Your Rights to Privacy: A New Guide from the Parish Council

The Badwell Ash Parish Council is pleased to announce the first in a new series of guidance documents for residents, focused on personal and community safety. This initial guide, "Your rights to Privacy," addresses a topic that has been a concern for some residents: the use of CCTV in community spaces.

The document clarifies that while CCTV is a common tool for security and crime prevention, individuals have specific rights regarding the collection of their personal data under the General Data Protection Regulations 2018 (GDPR).

This is especially relevant in cases where cameras may be placed in locations where people have a reasonable expectation of privacy, such as during fitness classes, events with young children, or life-drawing sessions.

The guide explains what an acceptable CCTV plan looks like, with cameras placed in appropriate areas like entrances, car parks, and key internal locations, while respecting privacy.

It also outlines your rights if you believe a CCTV system is intrusive. You have the right to challenge an organisation's GDPR policy, ask why your data is being collected, and understand how it's being used and stored. The document provides a list of key questions you can ask and explains how to make a formal complaint with the Information Commissioner's Office (ICO) if needed.

We encourage you to read the full guide on the Parish Council's website for more detailed information. <https://badwellash.suffolk.cloud/parish-council/guidance-for-community-residents/> If you have any further questions, please do not hesitate to contact the Parish Clerk.

Lifesaving Skills for Our Community



In September, our village hall hosted a training session with the Suffolk Accident Rescue Service (SARS), a charity that provides specialist volunteer medical teams to assist at emergencies. The free course, generously funded by the Parish Council, was a huge success, giving attendees vital knowledge and practical skills that could one day save a life.

While we learned about the crucial role SARS plays in our county, the main

focus of the day was on hands-on, lifesaving skills. Participants received training in Cardiopulmonary Resuscitation (CPR) and learned how to use a defibrillator. These skills are invaluable, as they can make a critical difference in the moments before professional help arrives. Knowing how to perform CPR and use our community's defibrillators empowers us to respond effectively in an emergency.

The training also provided an insight into the costs of running SARS, which is a charity that is not government-funded and relies on grants and donations to operate. In fact, the charity's payments for its activities increased to over £176,000 in 2024.

Get Involved & Learn More

The Parish Council is eager to gauge interest in a future basic first aid course. If you would like to attend, please contact the Parish Clerk with your name to help us determine the number of interested residents.

If you would like to learn more about the incredible work of SARS or find out how to donate to help them continue their life-saving efforts, you can find more information on their website <https://www.sars999.org.uk/>

Badwell Ash Hosts the Tour of Britain!

Our village was at the heart of the action last month as the prestigious Tour of Britain professional cycle race came roaring through on Wednesday, 3 September.

As part of a spectacular circular route starting and finishing in Stowmarket, our community had a front-row seat to one of the UK's biggest free-to-spectate sporting events. The atmosphere was incredible as

residents lined the roads, creating a lively and unforgettable scene.

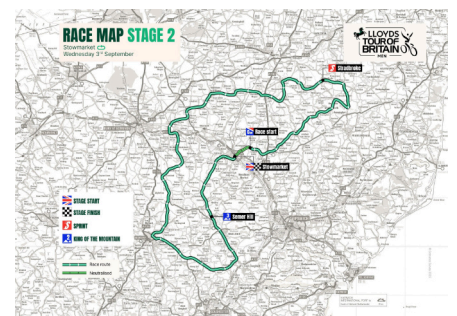
The day brought a real buzz of excitement to our quiet lanes as residents of all ages gathered to watch the peloton of world-class cyclists speed past.

The sight of the international teams, with their vibrant jerseys and state-of-the-art bikes, was a truly unforgettable spectacle that put our village briefly in the national spotlight. The day's stage was won in a dominant sprint finish by Olav Kooij of Team Visma | Lease a Bike, who also extended his lead in the overall race.

Organisers used a "rolling road closure" system, which meant any disruption was kept to a minimum. Roads were closed for a short time just before the riders passed through, then quickly reopened once the last support vehicles had gone by. This clever system ensured everyone could enjoy the event without significant inconvenience.

It was wonderful to see so many of you lining the route and cheering on the riders. It was a proud moment to see our village play host to such a major event.

We hope the excitement will inspire some of you to dust off your own bikes and enjoy our beautiful local lanes—perhaps at a more leisurely pace!



Badwell Hall Classic car show - thanks

Nick & Marie

On the 17th of August, the Classic Car Show and Fete was held at Badwell Ash Hall and there are so many people to thank for facilitating this event, that raised an incredible amount of approximately £4,500. all in aid of Cancer Research UK.

Most of all a huge thank you to everyone who came and made this day

a special community event. The BBQ team who sold everything and kept smiling throughout and the delicious cakes all sold and appreciated.

The event wouldn't be what it was without all the participating wonderful people sharing their vehicles ranging from tractors, vintage, classic and supercars to the original motorcycle

and sidecar, charioted by Harrison Ford and Sean Connery, in the Indiana Jones film series.

For those who still have hidden gems waiting to emerge from a shed or garage please start oiling and polishing and bring it along next year.

Village Hall update

Clive Hawkins - Chairman of Trustees



We trust that all those who attended the End of Summer Party enjoyed it.

While enjoying the fun, entertainment and refreshments, we hope that you took the opportunity to notice and see the changes to the village hall.

They have taken place to make the building more amenable to regular users and new hirers alike. The latest improvement has been the redecoration of the large hall, lobby and toilets to give a brighter, fresher look. New notice boards have also been installed. A further recent

addition has been the provision of wheelchair ramps for both halls, enabling access to and from the courtyard. There is always something that needs attention, and hopefully, in the months to come, further improvements will be made. Thank you all for your continued support. Please keep it coming.

Our next event on 24 October is the Wine Tasting Evening, which is nearly sold out. So don't be disappointed, book now for a fun and enjoyable evening.

Saturday 22 November is The Christmas Fayre, with 20 stalls to browse and buy from. There will be sellers, old and new, with plenty of choice for all. Christmas shopping made easy and on your doorstep. Refreshments and a bumper Raffle to add to the seasonal occasion.

Keep an eye out for further news on our website and Facebook Page. You can contact us at badwellashvh@internet.co.uk

The Badwell Ash History Society

Maureen Lock – info@badwellashheritage.co.uk

A rare iron age discovery in Badwell Ash

Few villages can boast an Iron Age canoe-like trough among their local treasures, but Badwell Ash can!

Discovered during excavations at Shackerland Hall quarry in 1998, this extraordinary wooden artefact had been lying quietly beneath the soil for 2,000 years.

Craftsmanship

Carved from high-quality oak using axes with incredible skill.

Measuring 1.3m long and 57cm wide, and could hold up to 50 litres.

Its elegant shape suggests it was a high-status object – both practical and decorative.

The artistry is striking. Only a handful of toolmarks remain, proof of the skill,

care and exceptional ability of its Iron Age makers.



The interior and side view of the Badwell Ash Trough. Reproduced from a drawing by Sue Hildes.



base until it was almost worn through. Marks suggest it was dragged across a stony surface by rope, possibly along an early road.

Was this damage symbolic? A ritual? A farewell? We may never know.

Although a second object was found nearby – at first thought to be a paddle – it turned out to be only a broken plank. A shame, as it would have added another dimension to the story.

A curious clue

Before being deposited in the ground, the trough was deliberately scuffed along its

So, why does it matter?

While Roman wooden objects are relatively common, Iron Age examples are rare. The trough is of national importance and offers precious insights into:

- Iron Age woodworking techniques
- Use of oak for prestigious items
- The role of display as well as function in everyday objects.

Where to see it?

The restored trough is now on display at Moyse's Hall Museum in Bury St Edmunds and kept under carefully controlled conditions of light and humidity. It stands as a remarkable link between the villagers of today and their distant ancestors.

St Mary's Church

Stephen Rose

On behalf of St Mary's Church Badwell Ash

I'd like to extend a heartfelt thank you to The White Horse Five-o'Clock-Club for organising and expertly running the charity breakfast, raising £260 for the church Fabric Fund. **Thank you so much ** to all involved

Carpet Bowls

Clive Hawkins

What can I say following on from my last article, other than there are obviously no would-be Carpet Bowlers in the village, young or old. Ok, so it's not for you, but it still might be worth a try; you never know.

Never mind, we carry on enjoying our Carpet Bowls every Tuesday evening and are now preparing for the league season that will soon be upon us. Arrangements are now being made for the fixtures, both home and away, for

the forthcoming matches in the Bury League. Unfortunately, we have had to withdraw from the Bury League Cup. I will keep you informed of our progress as we move through the season.

Remember, the invitation is still open to join us. Any questions, phone Clive on 01359 259399

Colouring in...



Great Ashfield & Badwell Ash WI

Midge Hawkins - 01359 259399

theWI
INSPIRING WOMEN

Autumnal weather is nearly with us, although it has been lovely to enjoy the late sunshine. The year now seems to be passing us all by so quickly, for we are in the last quarter of 2025!

Our August afternoon garden meeting was held in the lovely garden of Kate and Ian, basking in the sunshine. We all enjoyed tea and delicious cakes.

We had a "Bring and Buy Sale" which raised £76 for our funds. Many thanks to Kate and Ian for having us.

11 September 2025 – Evening meeting at 7.30pm. Our Speaker was Ian Robertson from Pakenham Water Mill, and he gave us a complete insight into the Mill and its workings. It has been

on the same site for almost 1,000 years, and they still mill flour every Thursday.

The Mill has been in many hands over the years and is now owned by Historic Suffolk, and is open to the public a few days each week. A team of dedicated volunteers continues this long tradition.

Our next three meetings – all listed below – are to be held in the Lord Thurlow Hall at Great Ashfield at 7.30pm unless otherwise stated. Our meetings are held on the second Thursday of each month. Afternoon meetings are held in December, January and February each year and are from 2.30pm to 4.30pm.

9 October 2025 – Evening meeting at 7.30pm. Our speaker, Pip Wright, will be talking about Witches in and around Suffolk. Just in time for Halloween! For those interested in learning more about witchcraft and our enduring fascination with the occult.

18th October 2025 – Coffee morning and craft stalls. To be held in the Lord Thurlow Hall in Great Ashfield. From 10am to 12.30pm. Come and join us for tea/coffee and delicious cake, and browse the craft stalls.

13 November 2025 – Evening meeting at 7.30pm. Our speaker is Lynda Brignall, talking about her 42 years as a Midwife. Hear about the changing face of childbirth and midwifery.

We would welcome any new members to join us. We are not a huge group, but a very friendly one, and we invite you to come and see what we are all about.

All new visitors have one free meeting, and then they pay £3 for each of the next two meetings before deciding whether to join. This includes a raffle ticket and refreshments. Please feel free to ring me for any further info on 01359 259399.

St Nicholas Hospice

This September, St Nicholas Hospice Care was proud to join the Secondhand September campaign, inviting everyone to discover the joy of sustainable shopping in our charity shops.

From vintage gems and high street labels to quirky home décor and bestselling books, our stores were bursting with pre-loved treasures waiting to be found.

Shopping secondhand isn't just about saving money it's about making a difference.

Every purchase helps us provide compassionate hospice care across West Suffolk and Thetford, ensuring no one faces dying, death, or grief alone. It costs around £9.5 million a year to run our Hospice, but we face an annual funding gap of approximately £6.66 million. This means that every day, we need to raise over £18,000 just

to keep services running and we rely on the generosity of our community to do that.

By donating good quality items or choosing to shop with us, you're helping to reduce waste, cut down on fast fashion, and create a reliable source of income that allows us to plan sustainably for the future.

Find your nearest shop or learn how to donate at www.stnicholashospicecare.org.uk.



because
you matter

St Nicholas
Hospice Care

Citizen's Advice

Understanding Your Payslip – a guide for those returning to work

If you've recently returned to work after some time away, you might find your payslip a bit confusing. You're not alone – it can take a little time to get used to the different sections and terms.

By law, employers must give you a payslip (on paper or online) showing what you've been paid and what's been deducted. It's a good idea to keep your payslips for up to six years, just in case you need them later.

Your payslip should include your employer's details, your name, and possibly an employee number. You'll also see a payment date (when your pay reaches your bank) and a tax period. The UK tax year starts in April, so tax period 01 is April, 02 is May, and so on.

You'll also see your National Insurance (NI) number – this is your personal number used to record your NI

contributions, which help you qualify for state benefits like the pension.

Next is your tax code, set by HMRC. This usually includes numbers and a letter. The numbers show how much of your income is tax-free; the letter reflects your situation. You can check what your tax code means at <https://www.gov.uk/tax-codes/what-your-tax-code-means>. If you're on an 'emergency' code (ending in W1, M1 or X), you might be paying too much tax, so it's worth checking.

Your gross pay is what you earn before anything is taken off. This might include your basic pay plus extras like travel allowance. If you're paid by the hour, the rate and hours worked should be shown. If holiday pay is included with your wages, it should be listed separately.

Deductions may include tax, National Insurance, pension, or student loan payments. These are added up, and what's left is your net pay – the amount that goes into your bank.

You might also see taxable pay, showing how much of your income has been taxed so far this year.

If anything doesn't seem right, it's best to speak to your employer.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

citizens
advice

Mid Suffolk

Recipe - Creamy sweetcorn and Chorizo soup

Jungle Gym - tips for surviving in the urban jungle.

Hi Jungle Gym here.

As the sun goes down after a busy day surviving in the jungle, it's time to settle down with some good hearty grub.

Try my thick and creamy sweetcorn and chorizo soup with fresh chives.

Ingredients:

Good glug of Extra Virgin Olive Oil

1x bag of frozen sweetcorn (750g)

2x large potatoes (350g)

1x large onion

5x garlic cloves

1/2 bag of fresh chives - chopped
750ml Vegetable Stock

1x double packet chorizo crumb pieces (120g or 2x 60g)
- you can pick these up from the



cooked meats section of Waitrose or Sainsbury's
1/2 carton of Elmlea Double cream (135ml)

Equipment:

Large saucepan
Wooden stirring spoon
Potato peeler
Hand blender
Scissors

Recipe:

Finely chop the onion and garlic, then add them to a large saucepan with the olive oil. Heat until soft.

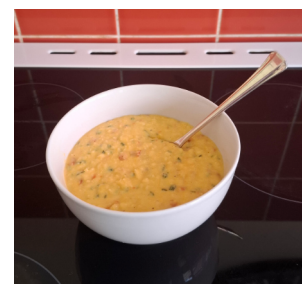
Peel and chop the potatoes into small pieces. Add the vegetable stock to the large saucepan and bring to a boil. Simmer for 20 minutes.

Once the potatoes are cooked, remove from the heat and add the bag of sweet corn together with the Elmlea cream. Bring back to a boil, stirring so

nothing sticks to the bottom of the pan. Then, remove from the heat.

Blitz the mixture with the blender until smooth.

Then, using the scissors, snip in the chives, throw in the chorizo crumb, and fold into the mixture. Finally, add salt and pepper to taste.



Reheat and serve. You should have four good-sized servings.

I often make a big batch and freeze

servings in plastic containers for a rainy day. Good luck and enjoy!

Green Dilemmas - eating less meat and the impact on climate change

Richard Winch - richard@winchmail.net



There are lots of reasons cited for eating less meat ranging from concerns about animal welfare to health issues. Increasingly it's the impact of meat production on climate change that is being highlighted. Meat production uses more energy, water and land than plant based foods and is a major contributor of greenhouse gas emissions. According to UN figures about 14% of all emissions come from meat production.

However, if you look at the data there are lots of complexities.

The impact of meat production varies by the type of meat: chicken and pork have the smallest climate impact, lamb is in the middle and beef is the least sustainable choice.

One of the problems is muddling the UK with the global situation. For example the environmental impact of beef farming varies dramatically depending on the farming practices. In say South America where deforestation is taking place the environmental impact is huge whereas the UK already has good pasture quality and effective management practices.

Cattle and to a lesser extent sheep produce methane mainly via burping. Methane is a potent greenhouse gas but unlike CO2 which has a cumulative impact methane only lasts in the atmosphere for about 12 years. This means that if the number of animals stabilises the level of greenhouse gases will also stabilise. Conversely a reduction in animals would have an immediate cooling impact.

Another complexity is that ironically intensive farming has a lower carbon footprint. For example the world's largest 'climate efficient' pig farm in China is a 26 story sky scraper slaughtering over 1 million pigs a year equivalent to 25% of total UK pig production. Similarly intensively farmed

chicken has a lower carbon footprint than free-range chickens.

In the UK agriculture uses 70% of all land of which 85% is used for livestock but this only provides 32% of the calories we eat. However, a lot of this land isn't suitable for growing crops. Rewilding the least productive areas of grazing land and paying farmers to manage this would reduce climate change and be relatively easy to implement. Rewilding huge areas of pasture land raises questions about food security and about the risk of switching our meat consumption to imports with lower environmental standards.

The volume of meat we eat in the UK is actually on the decline. This is partly due to the rise in veganism and vegetarianism and partly that some people are trying to eat smaller portions of higher quality locally produced meat. Research also suggests that the decline is linked to cost issues which has resulted in smaller portions; meat being mixed with other proteins or meat being eaten less frequently.



Badwell Ash
VILLAGE HALL
at the heart of your community

CHRISTMAS FAYRE

Saturday 22nd November

11:00am to 3:00pm

**Badwell Ash Village Hall
IP31 3DG**

CRAFTS, GIFTS & MORE
20 Stalls, Raffle, Refreshments & Parking

Registered Charity No. 279997 | A Village Hall Community Event



Badwell Ash
VILLAGE HALL
at the heart of your community

We invite you to enjoy a

WINE TASTING EVENING

Come along to taste, learn & enjoy seven selected wines from around the world by Compère Robert Stopp. In partnership with Suffolk Green Punch.

DATE: Friday 24th October
DOORS OPEN: 7:00 PM
EVENT STARTS: 7:30 PM
WHERE: Badwell Ash Village Hall, IP31 3DG

TICKETS
£22.00 EACH

Live interval entertainment by the Wesley Ukulele Band

Book individual tickets or groups, with a maximum of six people per table.

Complimentary sharing platter included with ticket.

Contact Chloe:
badwellashvh@btinternet.com

Event kindly sponsored by



Registered Charity No. 279997 | A Village Hall Community Event

Badwell Ash History Society
Invites You to the
Village History Exhibition
11th October 2025 11.00 – 15.00
St Mary Church Badwell Ash



“Discover the History of your Village”

GREAT ASHFIELD & BADWELL ASH WI



COFFEE MORNING & CRAFT STALLS

SATURDAY 18th OCTOBER
10am to 1pm

LORD THURLOW HALL
GREAT ASHFIELD IP31 3HN

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BAND NIGHT

RAFFLE, BAR
FOOD & MUSIC



Wyverstone Village Hall
IP14 4SH - Friday 21st November

Doors open 7:00pm

Music 7:30pm - 10:30pm

• **NUTZ'N'BOLTZ** • **FOUR-FOLD** •
• **GRASS ROOTS** • **AND FRIENDS** •
• **JON STEED** •

Kindly supported by Wyverstone Beer & Music Festival

£11 pp (includes Chicken or Veggie Curry)

Book here:

<https://www.ticketsource.co.uk/whats-on/stowmarket/wyverstone-village-hall/an-evening-of-music-to-make-a-difference/2025-11-21/19:30/t-pqjpyqv>

All proceeds in aid of



CANCER
RESEARCH
UK

Enquiries: rcastro3jg@btinternet.com

St. Mary's Church
Badwell Ash

JUMBLE SALE

Saturday 18th October
9.30am to 12.30pm

Refreshments & Tombola

Fundraising event for
St. Mary's Church.

FOR MORE INFORMATION:

Call Stephen Rose - **07714 273669**



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Contact:

Caroline Morris: 07843 248 411 | cdv_11@hotmail.com

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MOT CLASSES 4 & 7



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| • CLUTCHES | • SERVICING |
| • BATTERIES | • TRACKING |
| • CAMBELTS/TIMING CHAIN | • WHEEL BALANCING |

Mkautosmotcentreltd@gmail.com



MOT: 01359 241158/244421

REPAIRS: 01359 245998



The workshop
Grove lane
Elmswell
IP30 9HN

Please note as of February
2023 D A Bevan has been
taken over by MK Autos



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**THE WHITE
HORSE INN**

RESTAURANT. PUB. LOUNGE BAR.

NEW PUB CLASSICS

FRESH. LOCAL. LOVED.

STARTERS

CAESAR SALAD; Caesar Salad, Sourdough Croutons, Anchovies, Parmesan Shavings (GFO)

GARLIC MUSHROOM; Garlic Mushrooms, Toasted Brioche, Forest Mushroom Cream Sauce (V) (GFO)

MAINS

SCAMPI AND CHIPS; Scampi, Triple-Cooked Chips, Minted Pea Purée, Tartare Sauce (DFO)

STEAK PANINI; Minute Steak Panini, Mustard Mayonnaise, Red Onion Marmalade, Triple-Cooked Maldon Sea Salt Fries (GFO) (DFO)

BANGERS & MASH; Local Reared Pork Sausage, Creamed Potato, Shallot Gravy (GFO)

LASAGNE; Slow Cooked Feather Blade of Beef Lasagne, Grilled Focaccia, Tomato Salad

CHICKEN PIE; Confit Chicken and Mushroom Pie, Creamed Potato, Butter Glazed Carrot, Buttered Savoy Cabbage, Classic Gravy

SEE OUR WEBSITE FOR ALL DISHES ON OUR MENU!

RESTAURANT OPENING HOURS:

Wednesday to Saturday 12pm – 9pm

Sunday 11.45am – 8pm

CHEF'S PLATES

CELARIAC & MUSHROOM PASTA; Baked Grated Celeriac, Wild Mushrooms, Pappardelle Pasta, Truffle Oil Dressing (V) (VGO) (GFO) (DFO)

BBQ BEEF RIB; Beef Rib, Buttered Corn on the Cob, Triple-Cooked Maldon Sea Salt Fries

MUSSELS; Mussels, Leek and Smoked Bacon & Suffolk Cider (GF) (DFO)

DESSERTS

TIRAMISU; Mocha Chocolate Tiramisu, Coffee Ice Cream (V)

CHEESECAKE; Salted Caramel & White Chocolate Cheesecake (V) (GF)

STICKY TOFFEE; Sticky Toffee Pudding, Vanilla Bean Custard or Vanilla Ice Cream (V) (GFO)

OAP SPECIAL

**GOLDEN
WEDNESDAYS**

25% OFF YOUR MEAL FOR GUESTS AGED 60+
EVERY 3RD WEDNESDAY OF THE MONTH
12PM - 3PM



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