

The Badwell Broadsheet

Issue 101 - October/November 2024



A note from the Chair of the Parish Council.

Richard Morris - Chairman

It's a sad day when you get an email reporting vandalism. It's even worse when that turns into three or four mindless acts. The Parish Council, Village Hall Committee, and the community as a whole give time and money so we can keep our villages looking lovely.

We are so lucky to live in the beautiful Suffolk countryside, and yet there is a small minority who are ruining it for everyone. So if you know who these people are, please have a word, and let's keep Badwell Ash and Long Thurlow places we all want to live in.

Onto more positive things... It was lovely to see so many of us out on The

Street supporting The Bardwell Tractor in September. They raised over £9,000 this year, to be split equally between the East Anglian Children's Hospice (EACH) and Suffolk Mind.

I'd like to say thank you to Stephen Rose for the cover picture, and thank you to Clarkes of Walsham for sponsoring the issue.

Finally, I'd like to ask you to help make the Badwell Broadsheet the village newsletter you want to read.

In October, we'll be delivering a survey through your door. We'd love to know what you all want to read - is there something we're missing? Is there

something you want to see more of? We want as many people's opinions as possible as that will enable us to put together a regular newsletter that truly is **your** newsletter, so please keep an eye out.

If you'd like to sponsor a future issue, submit something for publication, or have a question about The Broadsheet, you can email badwellash@hotmail.co.uk

The deadline date for the next issue is 16th November 2024.

Richard

He's finally 'Dunnett'

A proud moment for a Badwell Ash Kickboxing Champion.

Leon Dunnnett, who lives in Badwell Ash and trains at the Combat Kickboxing Academy (CKA) based in Thurston, has become the Unified Light-Heavyweight Kickboxing World Champion after claiming victory against the German champion on 6 July.

His opponent was the German, Paul Käestner who was ranked number one in his home country. Käestner put up a great fight and displayed why he is so highly regarded in Germany and across Europe.

Leon, despite nursing a few injuries, was determined to not let them interrupt the dream he was chasing. Every round was a close one with both fighters catching each other with some heavy blows. Leon boxed a different style of fight to what he was used to and fought in close and uptight to the German, proving that he can adapt to all scenarios and ranges of fighter.

Reaching the final bell, Leon won every round and clinched the ISKA Light-heavyweight World Kickboxing Title by unanimous decision. 'It's a dream come true' said Leon.

Having already won the ICO World Title in April this year, Leon is now two-times Champion of the World and has unified the division. A target which he had set for himself on his comeback fight.

Since making his return to the ring this time last year after a five-year absence, Leon's now won the British championships, World championships, Semi Professional WRSA

British title, ICO European title, ICO World title and now Semi-Professional ISKA World Title. "Not a bad years work" the Badwell Ash fighter added.



Recently Leon has had interviews on local radio channels including BBC radio Suffolk, Greatest Hits radio Suffolk etc. as well as appearances on BBC look east, where he has been promoting the sport of Kickboxing and campaigning for it to be in future Olympics.

Peter Dunnnett, Leon's father, Coach and founder of the Combat Kickboxing Academy has trained Leon since he was four as well as hundreds of other individuals and helped them achieve their goals (however big or small).

His classes run in Thurston, Redlodge and now Newmarket and he has a team of committed, professional and experienced coaches determined to pass on knowledge and positively change people's lives. "Those that are thinking of starting Kickboxing with CKA, I urge you to do so.

It's more than just a sport, it's a family, it's a way of life, it's my life" Dunnnett added.

Leon would also like to thank his 'army' of noisy CKA supporters, who made the trip to support. He said "I really appreciate the support, it makes a huge difference when you're in there and I'm really grateful to have such amazing friends, family and fans willing to travel and show their support wherever it may be".

This fight camp, the same as all his others, was "hard and gruelling". Training twice a day and travelling up and down the country for sparring/training. So Leon would also like to thank all his sponsors for making this dream a reality: Taylor Aviation Solutions, TMJ interiors, The Lodge Bar, Pollard and Co Builders, R.W. Lister & Son Motor Engineers, Body Rebalance Clinic, Rolfs of Walsham Butchers, Neil Evans Fitness and Maswrap.

Leon is now looking for sponsorship for his 2025 campaign, where company logos/ brand can be displayed on clothing, fight gear, advertisement on social media etc. so please get in contact with Leon if you or your business may be interested - 07535547014.

For those interested in starting Kickboxing, CKA are open Tuesdays at Redlodge Sports Pavilion (Kids 6:30-7:30, Adults 7:30-9), Wednesdays at Thurston Community College (Mixed class 7-8:30) and Saturdays at Asgaard gym Newmarket (kids 11-12pm, Adults 12-1pm).

Green Dilemmas - Natural flood management

Richard Winch – richard@winchmail.net



Flooding is a historic natural phenomenon whereby prolonged heavy rain feeds into rivers and then into lowland waterways which can then become overwhelmed and the water spills out onto the floodplain.

However, flooding is getting worse both in terms of the number and intensity of flood events. Flooding also has a knock on impact on the sewage system which can't cope with the amount of additional rain water in the system. The primary causes of the increase in flooding are climate change, agricultural intensification, changes in land drainage, increased development, building on flood plains and a reduction in wetlands.

A lot of work has taken place in straightening out rivers, dredging rivers, general tidying and removing of obstacles. Paradoxically the impact has been to deliver water downstream more quickly and therefore increasing the risk of flooding.

Natural flood management aims to reduce the speed of the flow of water to the lowest point by introducing natural features in the landscape. Where these features are located needs careful thought depending upon the exact details of the catchment. The main approaches are slowing water, storing water, increasing water filtration into soils and mitigating the impact of rainfall.

Water can be slowed by putting obstacles in the way such as buffer strips and woodland areas or by trying to reduce large areas of hard or compacted surfaces that cause water to flow more quickly. 'Leaky dams' is another approach which allows water to pass but restricts the flow if the volume goes above a certain level. The water may then spill over so you need to ensure this happens at an appropriate location. There is also growing interest in reintroducing beavers for their dam building capabilities.

Storing water involves creating ponds and scrapes where water is stored and then

released when the worst of the rainfall has passed. This keeps water away from the lowest part of the floodplain for as long as possible.

Other techniques include improving soil quality and reducing the soil compaction in order to increase the water filtration and increasing the tree canopy to mitigate rainfall via evaporation. A large oak tree for example can transpire 40,000 gallons (151,000) litres per year.

Ultimately the aim of Natural Flood Management is to reduce the maximum height of the flood water and give more time before flooding takes place. Ideally, you need as many different features as possible in the landscape. The problem of "flooding" won't be solved but research on smaller catchment areas suggests an impact of about

10% which could be very significant as to whether a particular property gets flooded. The measures required are also all extremely good for biodiversity and wildlife.

Image - Badwell Floods

Village Hall update

Clive Hawkins - Chairman of Trustees



How the year is flying by and one where we hoped to have been further advanced with more improvements to the hall as advised. Nevertheless, we are making progress and by the time of the next Broadsheet hopefully, our news will be more substantive.

In the meantime since our last report the hall has suffered two incidents of vandalism. The first was the daubing of dog excrement on the doors and windows at the rear of the hall. The second has been the smashing of the kitchen windows. Both senseless acts, with potential costs that we do not need whilst trying to improve the facility for the benefit of all. That said we are grateful to the Police for their support and continued observation.

On a brighter note our recent Coffee Morning saw our highest attendance to date, so a big thank you to all who attended. Look out for the next, as demand indicates more would be welcome. Our Quiz Night on October 11th is a book early event if you intend to join in and do not want to be disappointed.

In closing the Committee wishes to thank all those who continue to support the village hall and its ongoing status as a village hub "At the Heart of Your Community".

St. Mary's Church
Badwell Ash

JUMBLE SALE

12th October 9.30am to 12.30pm

Refreshments & Tombola

Fundraising event for
St. Mary's Church.

FOR MORE INFORMATION:
Call Stephen Rose - 07714 273669

Great Ashfield & Badwell Ash WI

Midge Hawkins - 01359 259399

Our Indian Summer finally arrived in September and hopefully you have all been able to make the most of it before the cooler weather of Autumn.

Our afternoon garden meeting was held in the lovely garden of Kate and Ian in the sunshine. We all enjoyed tea and cakes and also some bubbly to celebrate the recent marriage of one of our members. We had a "Bring and Buy Sale" which raised £70 for our funds - many thanks to Kate and Ian for having us.

Our open meeting in September with Dr Stephen Ashworth on "Kitchen Chemistry" was both fascinating and very lively. He also had a wonderful sense of humour and had us all laughing. During the evening he showed us many experiments from using ingredients from your kitchen cupboard which included how to change the properties of liquid molecules from acid to alkaline; some producing several loud bangs! It was a very memorable and enjoyable evening.

Our next three meetings - all listed below, are to be held in the Lord Thurlow Hall at Great Ashfield at 7.30pm unless otherwise stated. Our meetings are held on the second Thursday of each month. Afternoon meetings - December 2024, January 2025 and February 2025, are 2.30 to 4.30pm.

10th October 2024 - Evening Meeting at 7.30pm in the Lord Thurlow Hall. Our speaker is Jonathan Housego talking about "How to help our Hedgehogs".

14th November 2024 - Evening Meeting at 7.30pm in the Lord Thurlow Hall. Our speaker is Charlotte Gidding from "Brownie and the Bean" Bakery in Redgrave. They are passionate about the art of creating delicious cakes in their bakery.

12th December - Member's Christmas Lunch in the Lord Thurlow Hall. Timings TBA.

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CHRISTMAS FAYRE - Saturday 9th November - in Badwell Ash Village Hall - 11am to 3pm. Our Christmas Fayre was a great success last year and many bought some beautiful gifts for Christmas presents. So please come and support us again this year and buy early for Christmas or birthday gifts.

We would welcome any new members to join us. We are not a huge group but a very friendly one and we invite you to come and see what we are all about. All new visitors have 1 free meeting and then pay £3 for each of the next 2 meetings before deciding whether or not to join. This includes a raffle ticket and refreshments. Please feel free to ring me for any further information on 01359 259399.

COME AND JOIN US FOR THE 4 C'S CRAFT, COFFEE, CAKE & CHATTER

3RD FRIDAY OF EACH MONTH, 10 'TIL 12

BADWELL ASH VILLAGE HALL



18TH OCTOBER

15TH NOVEMBER

20TH DECEMBER



THERE'S A SMALL CHARGE FOR DRINKS, CAKES, AND ITEMS FROM THE MAKE-AND-TAKE TABLE.

PLEASE BRING YOUR OWN CRAFT PROJECTS.

FOR MORE INFO CONTACT SUE MORGAN 01359 258983

ANY SURPLUS FUNDS MADE WILL BE DONATED TO THESE DESIGNATED CHARITIES.



The Neighbourhood Plan

badwellashplan@gmail.com



As one job finishes.....another one starts!

Thank you to everybody who found time to join us at our drop-in sessions in the Village Hall at the end of September. However, if you missed them don't fret. All the display material will be on show, together with feedback forms, in the church from 27th September until 9th November.

This will be the last chance to air your views on how you think the village should shape up over the next twenty years – so it's not to be missed.

It would be really helpful if your feedback was constructive. If you don't like something please say so – but also tell us what we need to do to make things better. And, if you

thought the Plan was alright, we wouldn't mind being told that either.

Once the consultation is over all your comments will be gathered up, digested and any necessary changes made. The draft Neighbourhood Plan (NP) will then be packed off to an external adjudicator for final judgement. Fingers crossed!

That step could take some while but, assuming it passes, we hope to put the whole thing to a parish-wide referendum sometime next spring or early summer. A straight majority of votes then would mean that our plan was approved and any future developments would have to take the standards set out in our Plan into account. And, at a stroke, the Parish would also become entitled to a bigger slice of the money that developers have to pay the Council if they put up new houses. A double win for us.

Meanwhile, things don't stand still. At its meeting on 1st October the Parish Council considers how it is going to put the NP to work. The formal bits to do with planning cannot come into force until it has been approved by the parish-wide referendum but there are lots of non-planning things that we can kick off now if we want to. And for that we need...volunteers.

When we first talked to people about the village, lots of you said how much you valued the countryside; the footpaths; the starry nights and the wildlife. They all need protecting.

You also told us how much you would like to see more pavements; slower traffic; an improved Village Hall; some allotments; a community orchard; green corridors for wildlife and a "greener" village. They won't materialise unaided.

These are all things we could start tackling now – and all we need are people who would like to make them happen.

So, if any of these topics light you up, please get in touch. You won't be committing yourself to anything but it would help us greatly to work out what are the issues that are really seen as important. Together we could make a real difference. Let's have a go!

To get in touch please either email me at talk2petedixon@gmail.com or drop me a note with your contact details to: Pete Dixon, 20 Ladywood Drive, IP31 3GN. You will be guaranteed a reply.

Got a Story to Tell?

Free Book Self-publishing Workshop

Westerfield Village Hall, IP6 9BE
November 7th 2024
10am - 12pm

Interested in creating your own book?
Come along to our free workshop for anyone interested in self publishing. We will take you through the book production process to show how your ideas can become reality.

Covering the practical process:
Creation • Artwork • Proof Reading
Print and Binding • Marketing

Booking a place is Essential!
Please contact us on 01449 721599
enquiries@gippingpress.co.uk

Hosted by:



Gt Ashfield and Badwell Ash WI Christmas Fagre

Stalls to include Art Work, Fabric Magic, Woodwork,
Handmade Christmas Decorations and Gifts, Honey
& Bee Wax Products, Antique China & Jewellery

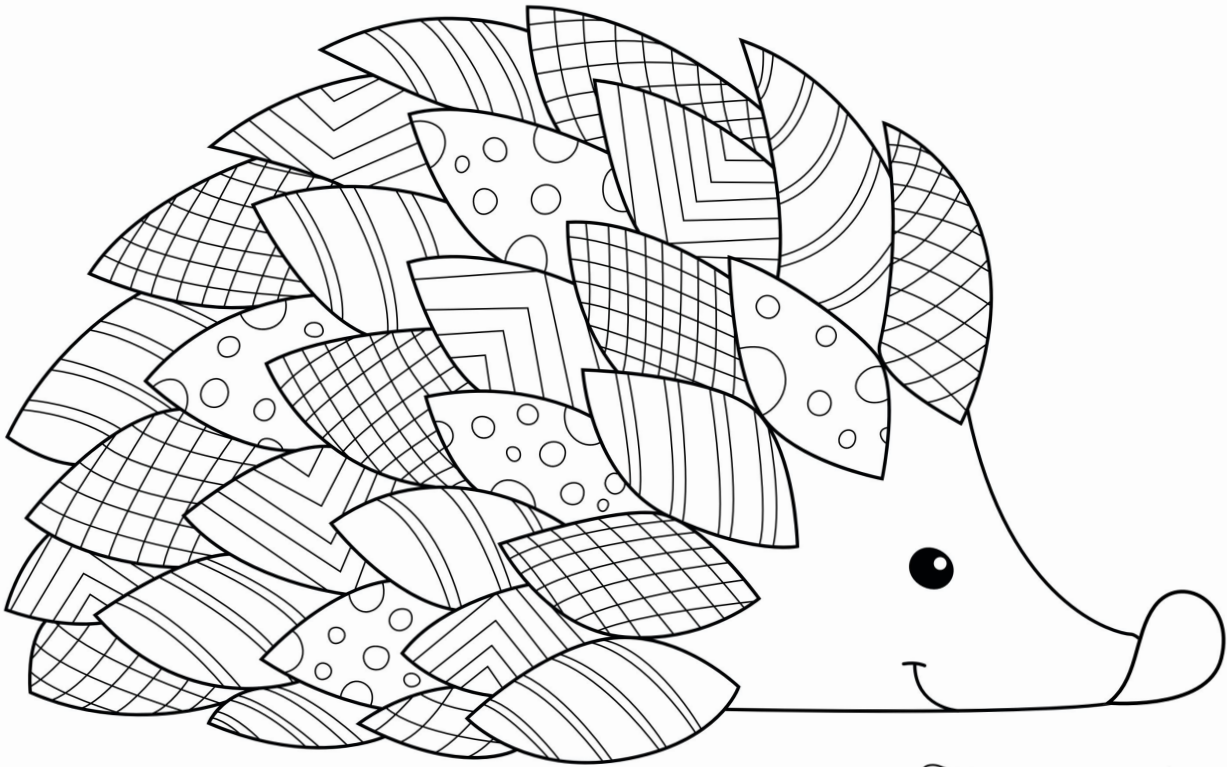
Teas, Coffee and Refreshments available

Wi-Fi is now available in the Village Hall

Saturday 9 November – 11am to 3pm
The Village Hall, The Street, Badwell Ash IP31 3DG



Colour me in...



FRIDAY 11TH OCTOBER 2024
BADWELL ASH VILLAGE HALL

DOORS OPEN AT 7PM
QUIZ STARTS AT 7.30PM
TEAMS OF UP TO 6 PEOPLE
£3 PER PERSON
PRIZE FOR WINNING TEAM & RAFFLE

BRING YOUR OWN FOOD & DRINK
TEA / COFFEE / SOFT DRINKS AVAILABLE

To reserve a table, please call or msg Caroline on 07843 248411
Raising money for the Village Hall
Registered Charity No. 279997



CHRISTMAS FAYRE

Refreshments
Mince pies
Homemade cake
Bacon rolls

Christmas raffle
Local traders
and much more...

7th December

10AM – 2PM, at the Village Hall, Badwell Ash

A message from our County Councillor

Andy Mellen - andy.mellen@suffolk.gov.uk

Change and opportunity

The general election result has given us a new Labour government and propels us into a period of change as new ministers start to enact policy change. Here at the local government level we face a period of uncertainty as the impact of these changes are worked through.

One huge uncertainty is money: For the county council, the funding settlement from central government has been tight for several years, and there seems little likelihood of that changing anytime soon.

Residents feel the impact of this in various ways – the most obvious one is the state of our roads. Highways managers need something like £50m per year to keep Suffolk's roads maintained – but in recent years have only been allocated around a third of that, which has to be stretched to try and fit the need. This means that smaller potholes are not repaired, priority is only given to larger ones. Faded and broken

road signs are not replaced – and there are limited resources to do things like investigate the causes of highways flooding.

But the county council does much more than just highways – there are a whole range of services which need to be funded, many like adult social care and children's services are statutory (ie mandatory) services. In an era of tight budgets, these have to be prioritised over other things that the council does.

We'll get a better indication of future funding this autumn when the chancellor presents her first budget – and more detail when the local government funding settlement comes out just before Christmas. It seems likely that austerity will continue, for local government at least.

Badwell Ash, now part of the new parliamentary constituency of Waveney Valley, does also have a new MP: Adrian Ramsay. This means that the village is now

represented by Greens on the district council, county council and also in parliament.

It has taken a few weeks for Adrian to get his constituency office set up and employ staff, but with them now in place, Adrian and his team are ready to respond to any issues that residents raise.

Given the different responsibilities that sit with the different levels of government, some issues are best dealt with by your district councillor Richard Winch, or myself as your County Councillor, and some by your MP. Adrian visited the village several times during the campaign, and has been back again recently to hear about the problems with public transport and other issues. We will be working closely together to make sure that Badwell Ash and other local communities are well represented.

The Badwell Ash History Society

Ed Walsh

The Badwell Ash History Society had their annual exhibition in the church on 14th September. Thank you all to those who attended this annual event. Visitors were able to view the village recorder books and watch videos of village events. Several people took the opportunity to complete tower tours to top of bell tower to view the village.

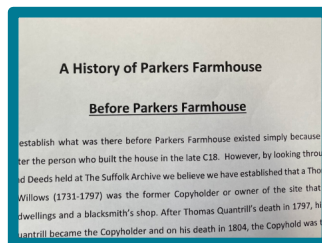
The exhibition allowed members to display their research carried out during the year. Visitors were able to view the history of Parkers Farmhouse & Church Cottage. In the case of Parkers Farmhouse many visitors had memories of eating in the restaurant and other visitors learnt of the Salvation Army connection to Church Cottage. The history of the White Horse Pub provided much discussion on the Landlords and allowed some of gaps in the research to be completed

The Womens Institute celebrated 100 years so the history of the Badwell Ash & Great Ashfield WI was researched, and it was great to chat to members of their memories.

We displayed a mixture of maps and imagery from 1905 up to 2024 showing the changes and growth in the village.

A small selection of the field finds from the parish were displayed including Roman Coins, horse pendants and buttons.

We look forward to welcoming you to our next exhibition.



Carpet Bowls

Clive Hawkins

Full of expectation the members of the Bowls Club are looking forward to the forthcoming season of league matches, against their local club teams.

At long last the club managed to play against Thurston for the Charlie and Vera Cup. The first match was at home with each team winning a Pairs and a Fours

game. With Shots at 39 each the draw meant it was all to play for in the return match at Thurston. The return was a triumph for Badwell who on three of the games and as a result regained the Charlie and Vera Cup. A result that was savoured whilst giving encouragement for the forthcoming season.

By the way we are still looking for new members. A nice way to spend an autumn and winter evening of sport, fun and friendship. Do come and give Carpet Bowls a try. Tuesday evenings 7.30 pm in the village hall. Interested? Call me on 01359 259399.

From the Parish Council

Parish Clerk: Carole Rose. badwellashpc@outlook.com | Visit the villages' website: badwellash.suffolk.cloud

Flowers in Long Thurlow

Thank you to the ladies in Long Thurlow who kindly spend time and effort with flowers around the village gates and bus shelter.



Photos: Mark Tomkins.

Footpaths round the village

Parish Councillor, Bill Woodhall has been busy clearing footpaths around the village over the last few months. Recently, he's cleared W-118/002 (The Broadway to Crownland Road footpath) helping to make it passable.



Long Thurlow Gates



A big thank you to Mark and Lainey in Long Thurlow for painting the newly erected village gates on the approach to the village

matching the pair of gates the Parish Council erected some 18 months ago at the other end.

The Orchard Way Footpath

In August, the Parish Council undertook to clear the footpath that leads from The Street to Orchard Way. The land isn't owned by the Parish, and it was lovely to receive an email of thanks appreciating the work that we had done.

Sadly, within a couple of days, grass cuttings and garden waste had been fly-tipped in one corner.

The Parish Council take care to keep the village looking pleasant for everyone, and as a community, we all have a part to play in maintaining our surroundings.



Sandpit cover



Following the discovery that a local cat was using the sandpit as a toilet, thereby spoiling small children's enjoyment of the playground facilities, the Parish Council sought professional advice and

carried out a Risk Assessment on the facilities.

We were advised to cover the sandpit, which we have now done. After use, please replace the covers - only one needs to be lifted for use.

Should the covers get damaged or broken or vandalised, the Parish Council will have no option but to close and remove the sandpit which will be a real shame for the little ones.

Save the date

Joint public consultation for the
Multi Use Games Area
and the future of
the Village Hall

When: Saturday 19 October,
time TBA

Where: The Village Hall



In the Village...

Sunday

Yin Yoga | 10am-12pm. Village Hall (small hall)

Monday

Pilates | 12-1pm. Village Hall (large hall)

Rainbow's | 4.30 - 5.45. Village Hall (small hall)

Tuesday

Silver Ash | 2-3.30pm. Village Hall.

(small hall, once a fortnight.)

Carpet Bowls | 7.30-9.30pm. Village Hall.

Wednesday

Dog training classes | 6.30-8.30. Village Hall.

Thursday

Dog training classes | 6.30-8.30. Village Hall.

This issue is sponsored by:

Dates for
your diary



Quiz night 11th Oct. Doors open at 7pm.
Quiz starts at 7.30. Village Hall

Jumble sale 12th Oct. St Mary's Church

MUGA consultation. 19th Oct. Time
TBC. Village Hall

WI Christmas Fayre 9th Nov. 11am-3pm.
Village Hall

Christmas Fayre 7th Dec. 10am-2pm
Village Hall

YOU NEED IT?

CLARKES HAVE IT!

The Street, Walsham-le-Willows, Bury St Edmunds, Suffolk, IP313BA



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